

Meeting Minutes

Meeting Title: Adult System of Care Community Council		Date/Time/Location: January 6, 2010, 6pm, Cottonwood Room	
Purpose of Meeting: Community Input to the Adult System of Care			
Meeting Facilitator(s): Gaye Tolman		Recorder/Note Taker: Lynda Anderson	
Attendees: Carolyn Hinkle, Choices; Gloria Abril, Family Member; Gary Brennan, QCN; Don Vandenbrul, Family Member; David Covington, Magellan; Trish Bleth, Magellan; Anita Barnas, SWN; Jim Dunn, SWN – West Camelback; Jessica Blaha, Recipient; Nathan Whorton, Family Member; Kurt Sheppard, Valle de Sol; Joe Hinkle, Recipient; Kaj-Willow Kaemmerer, SBH; Carol McDermott, Family Member; Gaye Tolman, Magellan; Stephanie Knox, Magellan; Scott Jacobson; Don Hinkle, Family Member; Suzanne Northey, PIR; Cindy Anderson, SWN; Paul Bohringer, Family Member; Bev Bohringer, Family Member; Amy Henning, SWN; Mary Robson, Magellan; Johnnie Berglund, Family Member; Marikla Malin, NOVA; Stephen Coty, NOVA; Tim Wieland, FSL; Marleigh Parker, Valle del Sol; Shannon Galdys, Magellan; Paul Galdys, Magellan; Jill Hogan, Recipient; Robin Weber, Family Member; Ramona Lacy, POCN; Phyllis Smith, Choices; Erica M; Debra Jorgensen, SWN; April N, Choices; Cynthia G, Highland Clinic; Celia Cisneros, Family Member; Thomas M; Charlie Curie			
Guests: Jamie Hernandez, Interpreter			
TOPIC	PRESENTER	DISCUSSION	ACTION/FOLLOW-UP ITEMS
Welcome, Introductions, and Announcements	Gaye Tolman	<p>Introductions were made.</p> <p>Carolyn Hinkle helped recipients put together a Christmas Caroling Chorus. They performed at senior centers and have been invited back. They now meet regularly to practice and socialize.</p> <p>Introduction of Charlie Curie who is working with Magellan on coordination and integration of services, recovery and resiliency, consumer and family driven system of care.</p>	
Coordination and Integration of Services	Charlie Curie	<p>Since 1995 there have been better treatments and medications to help avoid state hospital stays, less seclusion and restraint. We have been working to foster hope for a life in the community, not being identified by an illness, taking control of our lives, and gaining the skills needed to become part of the community, have the same life style as other individuals.</p> <p>One way for improvement is with a Medicaid “crave outs”, segregating</p>	

		<p>behavioral health dollars from other funds, implement contractual standards relevant to mental health services with outcomes.</p> <p>For there to be an integrated mental and physical health community and to increase the life span of individuals with mental illnesses we need to:</p> <ol style="list-style-type: none"> 1) identify early on training for doctors and nurses 2) early screening for children at primary care facility <p>Discussion on carve-outs, having physical health providers at behavioral health clinics, co-located sites, barriers with licensing, not lose focus on mental health issues, “medical or health care home”, need to ensure behavioral health services are not lost with budget changes including case management and social rehab, implementation of the Career Enterprises and Hope Rehab programs in all networks, have a health information exchange. Medical records should be all inclusive, include all medications and negative effects of the medications, advanced directives in all charts.</p> <p>Concerns when medical staff ignores the negative effects of medications and their ramifications.</p> <p>Concerns with lack of family involvement after age 18, need to have the family voice during transition, family is the first line for integration, HIPAA confidentially, families may be part of the problem. There will be training for case management on family involvement.</p> <p>Concern if the medical records are all inclusive with medications, both past and present, that there may be long lasting stigma attached.</p> <p>The mental health community needs to advocate for better services and to elect legislators who understand the needs of the behavioral health system.</p>	
Co-ed Residential	Stephanie Knox	<p>Discussion on having male and female living together in independent residential housing after treatment with no direct supervision or support, behavioral health services as needed, no HUD funded homes.</p> <p>Suggestions:</p>	

		<ul style="list-style-type: none"> • Living arrangements to be therapeutic environments • Start with new/empty housing • Recipient makes the decision on living arrangements • Recovery needs to be realistic • Have social settings for individuals to get to know each other before living together, network, establish roommate guidelines. • Maintain separate residences until after treatment • Residents have ownership and make community decisions regarding residence and living arrangements • Have questionnaires/surveys at the clinics and speak at the clinic counsels • Hold co-ed focus groups • Have a community board with co-councils and advocates. 	
Villages Update	David Covington	<p>Update on his visit to the Villages, review of the Wednesday morning meeting. Our clinic councils are based on this meeting.</p> <p>Need to focus on having representation from the clinic councils at the Adult Community Council meetings, respect, person center, recipient voice, participation and to support the clinic councils, have peer supports make presentations to this meeting and at the councils.</p>	
Open Forum		<p>Discussion on how to get recipients to attend the Adult System of Care Community Council meeting, have recipients attend the meetings then take the information back to meetings at the clinic councils, conduct surveys when needed, stipends for the recipients who conduct clinic meetings, hold meetings at other locations.</p> <p>Attendee – concern with housing, will speak with Stephanie Knox after the meeting.</p> <p>Attendee – son has returned home, is now with an 18-25 ACT Team and is doing well.</p>	Send any agenda issues to Gaye Tolman at gltoman@magellan.com
<p>Agenda Items for Future Meetings: Consumer run agencies evaluation report Governor's budget proposal Transition age youth services and family involvement</p>			
<p>Next Meeting: February 3, 2010, 6pm, Magellan Health Services, Cottonwood</p>			
<p>Call to Order: 6:05pm Adjourned: 7:40pm</p>			