

# Learn advanced suicide intervention and first aid skills

# ASIST

**Applied Suicide Intervention Skills Training**  
A 2-day workshop at either Southwest Network or Choices

Many who consider  
suicide would prefer  
to find a way to live.  
ASIST them in  
finding the way.

The innovative ASIST workshop is designed to help caregivers feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over 750,000 caregivers have participated in this two-day, highly interactive, and practice-oriented workshop.

As an ASIST-trained first aid intervention caregiver, you will be better able to:

- Identify people who have thoughts of suicide
- Understand how your beliefs and attitudes can affect suicide interventions
- Understand the reasons for thoughts of suicide and the reasons for living
- Review current risks and develop a plan to increase safety from suicidal behavior
- Follow up on all safety commitments, accessing further help as needed

Help people find the way to live.  
Register for an ASIST workshop today.

**Register online at Achieve Arizona**  
[magellan.learn.com/az](http://magellan.learn.com/az)

Information: [TrainingRegistration@SouthwestNetwork.org](mailto:TrainingRegistration@SouthwestNetwork.org)



## 2010 WORKSHOP SCHEDULE

You may attend classes at either location. Class sizes are limited—register now to get the dates and location of your choice.

Jan. 12-13	.....SWN
Jan. 27-28	.....CHOICES
Feb. 9-10	.....SWN
Feb. 24-25	.....CHOICES
Mar. 9-10	.....SWN
Mar. 24-25	.....CHOICES
Apr. 13-14	.....SWN
Apr. 28-29	.....CHOICES
May 11-12	.....SWN
May 26-27	.....CHOICES
June 8-9	.....SWN
June 24-25	.....CHOICES
July 13-14	.....SWN
July 28-29	.....CHOICES
Aug. 10-11	.....SWN
Aug. 25-26	.....CHOICES
Sep. 15-16	.....SWN
Sep. 22-23	.....CHOICES
Oct. 12-13	.....SWN
Oct. 27-28	.....CHOICES
Nov. 9-10	.....SWN
Nov. 17-18	.....CHOICES
Dec. 14-15	.....SWN

**SWN:** Southwest Network,  
2700 N. Central Ave., Suite 1050,  
Phoenix

**Choices:** Tempe Site, Ohio Room,  
1225 E. Broadway Rd., Suite 190,  
Tempe

