north central news

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COMMUNITY

Local youth an advocate for others

North Central teen Xavier Cameron was one of more than 50 Valley youth who participated in the MY LIFE Youth Day at the Capitol on Feb. 10. The youth met with legislators on issues of importance such as foster care, substance abuse, mental health issues, homelessness and more.

Xavier Cameron

Cameron is a former foster child whose mental health issues kept getting him into trouble. He knew he needed to make a change in his attitude and life in order to find full recovery. Through his rap music, he's found a creative outlet in which to share his thoughts and feelings. He also finds that counseling other youth and empathizing with the personal and mental health issues they may be dealing with through his role in MY LIFE helps him in his own recovery. Cameron currently is pursuing an education at Phoenix College to keep him on a successful path for the future.

MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment) is a group comprised of youth, ages 13 to 23, who have experienced mental health, substance abuse and/or foster care-related issues. The group gives youth an opportunity to make positive changes in their lives, while helping other youths do the same.