

ADHS-DBHS BEHAVIORAL HEALTH CLIENT COVER SHEET

Name _____ DOB _____ Client CIS ID# _____
Address _____ Client SS# _____
City _____ State _____ Zip _____ AHCCCS ID# _____
Phone _____ E-Mail _____ AHCCCS Health Plan _____
Gender: Male Female Primary/Preferred Language _____

Special Needs:

Interpreter No Yes, specify language _____
Mobility Assistance No Yes, identify assistance needed _____
Visual Impairment Assistance No Yes, identify assistance needed _____
Hearing Impairment Assistance No Yes, identify assistance needed _____
Need Childcare Arrangements No Yes, identify need _____

Due to cognitive impairments requires special assistance to participate in the assessment/service planning process. No Yes

Key Contacts:

PCP/Physician: _____ Phone _____ Fax _____

PCP/Physician Address: _____

Legal Guardian: _____ Phone _____

Custody: Sole Joint Ward of Court (DES Legal Guardian) _____

Parent(s)/Step Parent(s) _____ Phone _____

_____ Phone _____

_____ Phone _____

Emergency Contact: _____ Phone _____

Address _____

Other Key Contacts (e.g., school, probation/parole officer, other involved agencies (CPS, DDD), neighbors, grandparents):

Name and Relationship to Person _____

Phone _____ Fax _____

Name and Relationship to Person _____

Phone _____ Fax _____

Name and Relationship to Person _____

Phone _____ Fax _____

Name and Relationship to Person _____

Phone _____ Fax _____

Insurance Coverage: Medicare Private (self-pay) TriCare Blue Cross HMO Other None

Insurance Co _____ Insurance ID #: _____ Policy No: _____

(Attach copy of insurance card)

Individual Completing Form and Title: _____ Date _____

ADHS-DBHS BEHAVIORAL HEALTH ASSESSMENT AND SERVICE PLAN CHECKLIST

Name _____ Date of Birth _____ Client CIS ID# _____
 Accompanying Family Member/Significant Other (note relationship to person): _____

Part A: Behavioral Health and Medical History Questionnaire (may be completed by person/family prior to first interview) **Pages 2 - 5**

- Completed by person prior to initial interview
- Completed during interview by assessor

Part B: Core Assessment (must be completed at this initial interview) **Pages 6 - 15**

- Presenting Concerns
- Risk Assessment
- Behavioral Health and Medical History
- Mental Status Exam
- Criminal Justice
- Clinical Formulation and Diagnoses
- Substance Related Disorders
- Next Steps/Interim Service Plan
- Abuse/Sexual Risk Behavior

Part C: Additional Addenda (may be completed at subsequent appointment) **Pages 16 - 26**

Indicate below, which of the addenda you as the assessor have completed on the person during this interview

	Yes	To Be Done Later	Not Applicable	Name of Addendum
<input type="checkbox"/>	<input type="checkbox"/>		-----	Living Environment (For all persons)
<input type="checkbox"/>	<input type="checkbox"/>		-----	Family/Community Involvement (For all persons)
<input type="checkbox"/>	<input type="checkbox"/>		-----	Educational/Vocational Training (For all persons)
<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	Employment (For persons 16 years and older and others if pertinent)
<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	Problem Gambling Screen (For persons 16 years and older)
<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	Developmental History (For all children or for adults who have developmental disabilities)
<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	Criminal Justice (For persons with legal involvement)
<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	Seriously Mentally Ill Determination (For persons who request SMI determination or have SMI qualifying diagnosis and GAF score 50 or lower)
<input type="checkbox"/>		-----	<input type="checkbox"/>	Child Protective Services (used for 24 hour urgent response for children removed by Child Protective Services)
<input type="checkbox"/>		-----	<input type="checkbox"/>	Special Suicide Risk Assessment (For all persons in crisis situations)

Part D: Behavioral Health Service Plan (may be completed at subsequent appointment) **Pages 27 - 28**

- Completed at initial interview
- Will be completed later

Part E: Annual Behavioral Health Update and Review Summary **Pages 29 - 30**

 Assessor's Name (print) / Signature _____
 Credentials/Position _____
 Date

 Behavioral Health Professional Reviewer Name (print) / Signature _____
 Credentials/Position _____
 Date

 Agency

PART A: BEHAVIORAL HEALTH AND MEDICAL HISTORY QUESTIONNAIRE

Name _____ Date of Birth _____ Client CIS ID# _____
(to be filled in by provider)

Accompanying Family Member/Significant Other (note relationship to person): _____

1. Are you currently taking any **medications** (prescription, over the counter vitamins, homeopathic or naturopathic remedies, traditional or alternative medicine remedies, herbs)? No, go to question 2.

Yes, answer questions 1(a) - 1(e) below.

1(a) Identify the medications that you are currently taking for medical or behavioral health concerns and the reason for taking the medications below:

Name of Medication	Reason for Taking Medication
Name of Medication	Reason for Taking Medication
Name of Medication	Reason for Taking Medication
Name of Medication	Reason for Taking Medication
Name of Medication	Reason for Taking Medication
Name of Medication	Reason for Taking Medication

1(b) Have any of your medications been changed in the last month? No Yes, list the medications that have changed and explain why they were changed. _____

1(c) How long will your current supply of medications last? (How urgent is your need to obtain medications?) _____

1(d) Describe any side effects that you find troublesome from any of the medications you are currently taking. _____

1(e) Do you have any abnormal/unusual muscle movements? No Yes, how is it being treated? _____

2. Are you **allergic** to any medications? No Yes, which ones? _____

3. Do you have any other **allergies**? No Yes, describe them. _____

4. When was the last time you saw your **primary care physician/dentist** and what was the purpose of that visit? _____

5. Do you have any history of **head injury** with concussion or loss of consciousness? No Yes, describe. _____

6. Are you currently **pregnant**? No Yes Unsure

7. Are there any **medical problems** that you are currently receiving treatment for? No, go to question 8.
 Yes, answer 7(a) and 7(b) below.

7(a) Describe below what current medical problems you have and what type of treatment you are currently receiving.

Medical Problem	Type of Treatment Receiving
Medical Problem	Type of Treatment Receiving
Medical Problem	Type of Treatment Receiving

7(b) Does your current medical condition(s) create problems in how you deal with life, including pain? No Yes, if yes explain.

8. Have you recently experienced any of the following?

- Ear/Nose/Throat:**
- Severe dry mouth No Yes, when _____
- Ear infections No Yes, when _____
- Persistent sore throat No Yes, when _____

- Respiratory System:**
- Respiratory infections No Yes, when _____
- Persistent cough No Yes, when _____
- Shortness of breath No Yes, when _____

- Cardiovascular:**
- Chest pain No Yes, where _____
- Swelling in legs, ankles, feet No Yes, where _____

- Gastro-intestinal:**
- Persistent nausea / vomiting No Yes, when _____
- Self-induced vomiting No Yes, when _____
- Frequent or prolonged diarrhea / constipation No Yes, when _____
- Excessive use of laxatives No Yes, when _____
- Weight loss / gain No Yes, when _____
- Blood in stools No Yes, when _____
- Abdominal pain No Yes, when _____

- Genitourinary:**
- Urinary discomfort No Yes, when _____
- Frequent urination No Yes
- Blood in urine No Yes, when _____

- Musculoskeletal:**
- Joint pain No Yes, when _____
- Back pain No Yes, when _____

PART A: BEHAVIORAL HEALTH AND MEDICAL HISTORY QUESTIONNAIRE

Name: _____

Neurological:

- Facial or muscle twitching/jerking No Yes, when _____
- Seizures No Yes, when _____
- Passing out No Yes, when _____
- Dizziness No Yes, when _____
- Headaches No Yes, when _____

Infectious Diseases:

- Sexually Transmitted Diseases No Yes, when _____ what _____

Other:

- Inappropriate defecation (bowel elimination) No Yes, when _____
- Inappropriate bed wetting No Yes, when _____
- Dry skin No Yes, when _____
- Hair loss No Yes, when _____
- Unusual sweats or chills No Yes, when _____
- Surgeries No Yes, when _____ what _____
- Problem with sleeping No Yes, indicate more or less sleep _____

Other conditions not listed above (signs and symptoms)

9. Do you **use tobacco**? No Yes, how much per day? _____ How long have you been using tobacco? _____ (yrs/mths)

10. Do you consume **caffeine**? No Yes, how many cups/cans do you drink per day? _____

11. In total, how much **fluid** do you drink, i.e., how many cups/cans of total fluids do you drink per day? _____

12. Have you **ever received out-patient** (office-based) **services**, been **hospitalized** or received services in a **residential facility** for **behavioral health concerns**? No, go to question 13.

Yes, answer questions 12(a) – 12(c).

12(a) Describe below the type of treatment you received to address your behavioral health concerns and when you received this treatment.

Type of Treatment	When and Where Received
Type of Treatment	When and Where Received
Type of Treatment	When and Where Received
Type of Treatment	When and Where Received

12(b) What current or prior treatment/services, including medication, do you think have been the most helpful in addressing your behavioral health symptoms? Explain _____

12(c) What current or prior treatment/services, including medication, do you think have been the least helpful in addressing your behavioral health symptoms? Explain _____

13. Describe any current or past **behavioral health issues** (including substance abuse) in your **family**. (*For purposes of this question family may include birth family, adopted family, foster family and/or family person is or has lived with.*) _____

If the person seeking behavioral health services was provided assistance in filling out this questionnaire, please provide the name, date of completion and telephone number of the individual providing this assistance.

Name (please print) _____ Date _____ Phone _____

PART B: CORE ASSESSMENT

PRESENTING CONCERNS

1. What are you seeking help for today? _____

2. How long have these issues been a concern? How often are these an issue for you? _____

3. How do these concerns affect your daily living? How have they impacted your family/significant others? _____

4. What has been done so far to address these concerns? What seems to help? What makes them worse? _____

5. How will you know if things are better/improving? _____

6. What type of resources or supports do you have available to help address these concerns? _____

7. What type of assistance do you or others feel you need? (If others, specify who and relationship.) _____

8. Describe your preferences about behavioral health services relating to your culture, faith, spiritual beliefs or any other factors (e.g., provider gender preference, utilization of alternative medicine or traditional healer, sexual orientation)? _____

BEHAVIORAL HEALTH AND MEDICAL HISTORY

The Behavioral Health and Medical History Questionnaire should be reviewed by assessor with the person/family or filled out if not completed ahead of time by person/family.

CRIMINAL JUSTICE

1. Are you currently or have you in the past been involved with the legal system (e.g., probation, parole, jail, pending charges, court-ordered treatment)? No Yes, if yes, explain. _____

If the response was yes, the Criminal Justice Addendum should be completed but this can occur at a follow-up appointment.

SUBSTANCE RELATED DISORDERS

A. Screening for Substance Use

1. Based on a review of available documentation, the assessor should answer the following:

- a. Referral source indicates the person has a substance related problem? No Yes
- b. Person’s medical history indicates past medical condition, hospitalization or emergency room treatment for a substance related medical issue (includes detoxification in the past 2 years)? No Yes
- c. Medication history suggests person is using prescription medicines in inappropriate combinations or doses? No Yes
- d. Person’s behavioral health history indicates an episode of substance related treatment in the past 2 years? No Yes

2. If none of the answers above are yes then depending on the situation ask:

- a. Do you now or have you ever had a problem with alcohol or drugs? No Yes
- b. Is a spouse/significant other or family member concerned about your use of alcohol or drugs? No Yes
- c. If a parent/legal guardian/spouse/significant other is present ask:
 - c (i) Do you feel the person (and/or his/her friends in the case of a child) is currently using alcohol or drugs? No Yes
 - c (ii) Has the person (and/or his/her friends in the case of a child) gotten into trouble for such use? No Yes

ONLY complete Sections B and C below, if the response to any of the questions in Section A above is yes.

B. Current and Past Substance Use

1. What are your drinking habits? (e.g., How much, how often and what do you drink? Do you ever drink more than you meant to or feel preoccupied with wanting to drink? Have you neglected some of your usual responsibilities in order to drink? Have you felt you wanted or needed to cut down on drinking or tried to stop but could not? Have you given up or reduced important activities in order to drink?) _____

2. Have you ever taken any drugs other than alcohol to get high, sleep better, feel better or lose weight? (e.g., How much, how often, how used and reasons for use? Do you ever use more than you meant to or feel preoccupied with buying drugs or using drugs? Have you neglected some of your usual responsibilities in order to use? Have you felt you wanted or needed to cut down or tried to stop but could not? Have you given up or reduced important activities in order to buy or use drugs?) _____

SUBSTANCE RELATED DISORDERS (con't)

3. Complete the table below for each substance the person has used in the past 12 months. However, in the far right column indicate primary (P) or secondary (S) for current substance use (i.e., used in the past 30 days or 30 days before being placed in a controlled environment).

SUBSTANCE USE (CIRCLE IF USED IN PAST 12 MONTHS)	Freq. (use code below)	Route (use code below)	Age First Used	When Last Used	Current Use (past 30 days) Primary (P) or Secondary (S)
(0201) Alcohol					
(0401) Marijuana					
Stimulants (1001) Methamphetamine (0302) Cocaine/crack (1201) Other (e.g., Ritalin, amphetamine)					
Opiates/Narcotics (0501) Heroin (0706) Other (e.g., codeine, hydrocodone, oxycodone, oxycontin, propoxyphene, non- prescription methadone)					
Depressants (1308) Benzodiazepines (e.g., Valium, Klonopin, Ativan, Xanax, Halcion) (1605) Other sedatives, tranquilizers hypnotics (e.g., Soma, Benadryl, barbiturates)					
(0902) Hallucinogens: LSD, PCP, MDMA, shrooms, ecstasy, ketamine, psilocybin, etc.					
(1703) Inhalants: glue, paint, gasoline, other solvents/ aerosols, etc.					
(2002) Other Drugs: non-narcotic analgesics, GHB, other/unclassified and other medications used in excess of prescription [e.g., Prozac, Haldol, Rohitussum]. Specify type: _____					

Codes for Table Above:Frequency of Use/Abuse

- 1 No use in past 30 days
- 2 1-3 times in past 30 days
- 3 1-2 times per week
- 4 3-6 times per week
- 5 Daily/multiple times per day

Route of Administration

- 1 Oral
- 2 Smoked
- 3 Inhaled
- 4 Injected
- 5 Other (specify in table)

SUBSTANCE RELATED DISORDERS (con't)**C. Relapse and Recovery Environment****1. Continued Use/Relapse Potential**

1(a) Assess and describe the level of structure, supervision, safety and medication needed by the person in order to avoid/limit continued substance use or a relapse event (e.g., Will you drink/use when you leave here today? Have you ever abstained on your own before? When did that occur? How did you do that?) _____

1(b) Based on this assessment, indicate below which statement best describes the person:

- Can Independently Abstain**
- Need for Encouragement:** Person needs encouragement not to use; has fair self-management and relapse coping skills.
- Need for Supervision:** Impaired recognition or understanding of relapse issues, but able to self-manage with prompting.
- Need for Structure / Supervision:** Little recognition or understanding of relapse issues; no/poor skills to cope with and interrupt addiction problems or to avoid/limit relapse; no imminent danger.
- Safety Risk:** Person is unable to prevent relapse; continued use places person or others in imminent danger.

2. Recovery Environment

2(a) Assess and describe the level of support for recovery in the person's home, community and immediate surroundings, and the level of services and supports necessary for the person to cope with a negative environment (e.g., How does the person currently cope with his/her environment? Are these strategies effective? Is the person willing to learn more effective coping skills? Does the person need an alternative environment?) _____

2(b) Based on this assessment, indicate below which statement best describes the person:

- Environment is supportive of recovery.
- Environment contains triggers that exposes person to continued use (job, friends, school, neighborhood); able to cope most of the time.
- Person is living in an unsupportive environment; difficult/unable to cope even with clinical support.
- Person is living in an environment that would hinder recovery (shelter, non-therapeutic residential setting, homeless).
- Person is living with active users or in an abusive situation.

Responses in this section combined with information from other areas of the core assessment should be used to make a differential diagnosis when completing the Clinical Formulation and Diagnoses Section.

ABUSE/SEXUAL RISK BEHAVIOR

1. Do you feel safe in your current living situation? outside of your home? Yes No, if no briefly explain. _____

2. Are you currently or have you ever been hurt, harmed, touched inappropriately, or abused by someone in any way? (Consider any physical, sexual, or emotional abuse) No Yes, if yes, explain including times when abuse occurred, action taken (e.g., notification of authorities, resulting steps taken). _____

ABUSE/SEXUAL RISK BEHAVIOR (con't)

3. Is any member of your household/family currently being or has ever been harmed, abused, neglected, or victimized? (Consider any physical, sexual, or emotional abuse.) No Yes, if yes explain (including any Child Protective Services (CPS) or Adult Protective Services involvement). _____

4. Do you engage in any sexual behaviors that you are concerned about, or that have raised concerns in your family or community (sexual acting out, inappropriate touching, exposure)? No Yes, if yes, explain. _____

ONLY complete the questions below, if the response is no to question 1 or yes to questions 2, 3 or 4.

5. How do you think the issues identified above affect you now? _____

6. Do you believe that any of the issues that you have indicated above should be a focus of your treatment at this time? No Yes, if yes, explain. _____

7. Based on the person's responses, does the assessor feel there is an immediate safety risk for the person or others in the household or members of the community? No Yes, if yes, explain. _____

Duty to Report: If you as the assessor believe that the person is a victim of abuse, neglect or exploitation, you may have an obligation under A.R.S. 13-3620 or 46-454 to make a report to a peace officer or child/adult protective services. If duty to report is warranted explain the action to be taken. _____

RISK ASSESSMENT

1. Have you ever thought about harming yourself or someone else? No Yes, if yes, did you have a plan and when was the last time you thought about harming yourself or someone else? _____

2. Have you ever harmed/injured yourself or someone else intentionally? No Yes, if yes, did you have a plan and when was the last time you harmed yourself or someone else? _____

ONLY complete the rest of the risk assessment questions, if the response to question 1 or 2 is yes (note: complete questions 3 if the risk is harm to self and/or question 4 if the risk is harm to others).

3. Risk of Harm to Self

3(a) Indicate which of the following suicide (harm to self) risk factors apply to the person:

- | | | | |
|--|--|--|--|
| Prior suicide attempt | <input type="checkbox"/> No <input type="checkbox"/> Yes | Behavioral cues (e.g., isolation, impulsivity, withdrawn, angry, agitated) | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Repeated attempts; increasing severity | <input type="checkbox"/> No <input type="checkbox"/> Yes | Symptoms of psychosis (especially command hallucinations) | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Stated plan with intent | <input type="checkbox"/> No <input type="checkbox"/> Yes | Family history of suicide | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Access to means (e.g., weapon) | <input type="checkbox"/> No <input type="checkbox"/> Yes | History of suicide in friend | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Substance use (current/past) | <input type="checkbox"/> No <input type="checkbox"/> Yes | Terminal physical illness | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Other self-abusing behavior | <input type="checkbox"/> No <input type="checkbox"/> Yes | Current stressors | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Recent losses / lack of support | <input type="checkbox"/> No <input type="checkbox"/> Yes | | |

RISK ASSESSMENT (con't)

3(b) Provide more detailed explanation for any of the above risk factors that apply. _____

4. Risk of Harm to Others

4(a) Indicate which of the following homicide risk factors apply to the person:

- | | | | |
|--|--|-----------------------------------|--|
| Prior acts of violence | <input type="checkbox"/> No <input type="checkbox"/> Yes | Substance use (current/past) | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Fire setting | <input type="checkbox"/> No <input type="checkbox"/> Yes | Symptoms of psychosis (especially | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Angry mood / agitation | <input type="checkbox"/> No <input type="checkbox"/> Yes | command hallucinations) | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Arrests for violence | <input type="checkbox"/> No <input type="checkbox"/> Yes | Physically abused as child | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Prior hospitalizations for dangerousness | <input type="checkbox"/> No <input type="checkbox"/> Yes | Current stressors | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Access to means (e.g., weapon) | <input type="checkbox"/> No <input type="checkbox"/> Yes | | |

4(b) Provide more detailed explanation for any of the above risk factors that apply _____

5. Does the person demonstrate symptoms that suggest a risk for DTs, withdrawal, seizures, overdose or toxic use that may require immediate interventions? No Yes, if yes explain _____

6. In terms of other potential risk factors, does the person appear:

- | | |
|-------------------------------------|--|
| Malnourished | <input type="checkbox"/> No <input type="checkbox"/> Yes, if yes explain _____ |
| Dehydrated | <input type="checkbox"/> No <input type="checkbox"/> Yes, if yes explain _____ |
| Dirty/malodorous | <input type="checkbox"/> No <input type="checkbox"/> Yes, if yes explain _____ |
| At-risk of exposure to the elements | <input type="checkbox"/> No <input type="checkbox"/> Yes, if yes explain _____ |

7. Considering the responses to the above risk factors in combination with all the other information you know about the person (e.g., gender, age, diagnosis, balancing factors – resiliency and supports), would you rate the level of risk for this person as:
 Low Risk Medium Risk High Risk ? Please explain your rating. _____

Duty to Protect / Duty to Warn (Tarasoff and A.R.S. 36-517.02). This applies when a practitioner is confronted with a person who makes a credible threat against another identified individual. When this occurs, the practitioner must take reasonable steps to prevent harm per A.R.S. 36-517.02. If duty to protect/duty to warn warranted in this case, explain the action to be taken and factors affecting the decision. _____

MENTAL STATUS EXAM

While prompts are provided below, the assessor should make sure to describe his/her observations and impressions of the person for each question below.

1. Describe the **person's interaction** with you and others in attendance; include general observations about the person's appearance, behavior and social interaction: _____

2. **Motor Activity** (e.g., orderly, calm, agitated, restless, hypoactive, tics, mannerisms, tremors, convulsions, ataxia, akathisia): _____

MENTAL STATUS EXAM (con't)

3. **Mood** (*Sustained emotional state*, e.g., relaxed, happy, anxious, angry, depressed, hopeless, hopeful, apathetic, euphoric, euthymic, elated, irritable, fearful, silly): _____

4. **Affect** (*Outward expression of person's current feeling state*, e.g., broad range, appropriate to thought content, inappropriate to thought content, labile, flat, blunted): _____

5. **Self-concept** (e.g., self-assured, realistic, low self-esteem, inflated self-esteem): _____

6. **Speech** (e.g., mute, talkative, articulate, normally responsive, rapid, slow, slurred, stuttering, loud, whispered, mumbled, spontaneous, stilted, aphasic, repetitive): _____

7. **Thought Process** (e.g., logical, relevant, coherent, goal directed, illogical, incoherent, circumstantial, rambling, pressured, flight of ideas, loose associations, tangential, grossly disorganized, blocking, neologisms, clanging, confused, perplexed, confabulating): _____

8. **Thought Content** (e.g., optimistic, grandiose, delusions, preoccupations, hallucinations, ideas of references, obsessions/compulsions, phobias, poverty of content, suicidal or homicidal ideation, prejudices/biases, hypochondriacal, depressive): _____

9. Intellectual Functions:

9(a) **Sensorium** (e.g., orientation – person, place, time, situation): _____

9(b) **Memory** (e.g., recent, remote, retention and recall (3 object memory, recall: immediate / 5 minutes; digit span memory): _____

9(c) **Intellectual Capacity** (e.g., general information (current events, geographical facts, current/past presidents), calculations (serial 3's or 7's), abstraction and comprehension (comparison and differences, proverb interpretations)): _____

9(d) **Estimated Intelligence** (e.g., below average, average, above average, unable to determine): _____

10. **Judgment and Impulse Control** (e.g., good, partial, limited, poor, none): _____

11. **Insight** (e.g., good, fair, poor, none): _____

CLINICAL FORMULATION AND DIAGNOSES (con't)

3. **Axis III** (continued)

- G. **Diseases of the Respiratory System** (460-519): asthma, chronic obstructive lung disease, emphysema
- H. **Diseases of the Digestive System** (520-579): stomach disorders, ulcers, esophageal reflux (GERD), Crohn's disease, colitis, constipation, hemorrhoids, liver disease, pancreatic disease
- I. **Diseases of the Genitourinary System** (580-629): urinary incontinence, bladder problems, menstrual disorders, ovarian, cervical or uterine disorders, prostate disorders, kidney (renal) disorders
- J. **Complications of Pregnancy, Childbirth, and the Puerperium** (630-676): peri-natal disorders
- K. **Diseases of the Skin and Subcutaneous Tissue** (680-709)
- L. **Diseases of the Musculoskeletal System and Connective Tissue** (710-739): orthopedic disorders, fractures/dislocations/deformities
- M. **Congenital Anomalies** (740-759): genetic disorders, birth deformities
- N. **Certain Conditions Originating in the Perinatal Period** (760-779): failure to thrive, colic, feeding problems
- O. **Symptoms, Signs, and Ill-Defined Conditions** (780-799)
- P. **Injury and Poisoning** (800-999): traumatic injuries, ingestions of poisonous/toxic substances

4. **Axis IV - Psychosocial or Environmental Stressors**

Problems with / related to:

- Primary Support Group
- Educational Problems
- Occupational Problems
- Marital Problems
- Housing Problems
- Interaction with Legal System
- Access to Health Care Services
- Family Problems
- Substance Use in Home
- Other _____

Significant recent losses:

- Death
- Injury
- Medical/Surgical
- Job
- Divorce/Separation
- Accident/Injury
- Child removed from home
- Violent Acts Against Person/Family
- Other _____

5. **Axis V - Global Assessment of Functioning (CGAS/GAF) Score** (specific score not a range): _____**

Scale	Children's Global Assessment Scale (CGAS) Children (4-16 years of age)	Global Assessment of Functioning (GAF) (All Others)
100-91	Superior Functioning	Superior Functioning
90-81	Good Functioning in All Areas	No or Minimal Symptoms
80-71	No More Than Slight Impairment in Functioning	Slight Impairment if Symptoms are Present
70-61	Some Difficulty in A Single Area, But Generally Functioning Pretty Well	Mild Symptoms
60-51	Variable Functioning with Sporadic Difficulties or Symptoms in Several but Not All Social Areas	Moderate Symptoms
50-41	Moderate Degree of Interference in Functioning in Most Social Areas or Severe Impairment of Functioning in One Area	Impaired Reality Testing/Major Symptoms in Several Areas
40-31	Major Impairment in Functioning in Several Areas and Unable to Function in One of These Areas	Some Impaired Reality Testing / Major Impairment in Several Areas
30-21	Unable to Function in Almost All Areas	Delusional / Hallucinations / Inability to Function in Almost All Areas
20-11	Needs Considerable Supervision	Danger to Self/Others/Gross Impairment in Functioning/Hygiene
10-1	Needs Constant Supervision	Persistent Danger/Serious Impairments

****If the person has a GAF score that is 50 or lower and a SMI qualifying diagnosis, the assessor must complete the SMI Determination Addendum.**

NEXT STEPS/INTERIM SERVICE PLAN

1. Identify specific people who may be supportive and helpful and who should be invited to be part of the person’s ongoing Team, including phone numbers and action to be taken: _____

2. Identify any additional documentation (e.g., medical records, IEP, probation report), which needs to be collected to assist in the ongoing assessment and service planning including the individuals and/or agencies and action to be taken to obtain this information: _____

3. Identify who the person and/or family/legal guardian/significant other should contact if the person needs immediate assistance before the next appointment: _____

4. **Interim Service Plan.** Based on the person’s presenting issues, your impressions and the preferences of the person and his/her family/legal guardian/significant other, describe in the Interim Service Plan on the next page recommended next steps (e.g., formation of Team, response to immediate risks and needs of the person, further assessment). Additionally, this Interim Service Plan should include:

- Any immediate next steps to be taken by the person and/or family/legal guardian/significant others.
- Referral to the person’s primary care physician, if *physical health problems* have been identified.
- Additional considerations for urgent response for children removed by Child Protective Services (see shaded box below).

Assessors may also add a goal statement, if appropriate.

For urgent response for **children removed by Child Protective Services**, the assessor must include as part of the recommended next steps/interim service plan, identification of:

1. Actions needed to be taken immediately to mitigate the effects of the removal itself;
2. Supports and services the child’s caregivers may need to meet the child’s needs; and
3. A plan to ensure that even asymptomatic children are reassessed and observed for surfacing behavioral health needs within at least the next 23 days (or sooner if indicated).

The assessor may also provide any input he/she has regarding the types and amount/frequency of contact (e.g., visits, phone calls, e-mail), the child should have with parents, siblings, relatives and other individuals important to the child.

Name: _____

INTERIM SERVICE PLAN

<u>Description of Next Steps (Action) to Be Taken</u>	<u>Who Will Be Responsible to Ensure Action Occurs</u>	<u>Where Action/Step Will Take Place (e.g., provider)</u>	<u>When Action/ Step Will Take Place</u>

Person/Guardian Signature

Date

Assessor's Name (print) / Signature

Credentials/Position

Date

Behavioral Health Professional Reviewer Name (print) / Signature

Credentials/Position

Date

Agency

Note: The assessor should make sure to provide the person/guardian with a copy of the interim service plan. The CPS specialist, however, should receive a copy of the entire next steps/ interim service plan section.

PART C: ADDITIONAL ADDENDA

LIVING ENVIRONMENT If addendum completed at follow-up appointment, assessor should sign _____ and date _____

1. Briefly describe your living environment. Where do you live? Do you like it? Who do you live with? How do you spend a typical day? (e.g., What is the flow of your day like? Do you have specific daily activities - what are they, which ones do you enjoy? Do you know each day what you will be doing that day? Do you do things at the same time each day? Are you with others during the day? What makes for a good day?) _____

2. Have you recently experienced any significant change in your living environment/situation (e.g., removal from family, divorce, adoption, school suspension, family death, auto accident, loss of job/income)? No Yes If yes, how have you dealt with this issue? _____

3. If appropriate, ask: How long have you been in this country? How is life different here? _____

If indicated by results of Mental Status Exam and/or responses to Risk Assessment questions in the Core Assessment ask:

4. How well are you able to complete activities of daily living (e.g., bathing, eating, dressing, household management, homework, chores)? Explain any difficulties, including the type of assistance required. _____

FAMILY/COMMUNITY INVOLVEMENT If addendum completed at follow-up appointment, assessor should sign _____ and date _____

1. Describe the relationships you are involved in and how you feel about these people (e.g. family, friends, significant others, staff person if in out-of-home placement, community relationships). In general, how do you get along with others? _____

2. Which people are you most comfortable confiding in? Do you think these people would be supportive and helpful to you at this time? No Yes, who are these people and how do they help? (contact information is optional) _____

FAMILY/COMMUNITY INVOLVEMENT (con't)

3. What are the things that make you feel good about yourself and help make your life meaningful (including interests, strengths, talents, skills and abilities, knowledge/education, friends, family, values, religion/spirituality, your culture/community, work, school, etc.)? _____

4. What do others consider to be your strengths (including interests, talents, skills and abilities, knowledge/education, friends, family, values, religion/spirituality, your culture/community, work, school, etc.)? _____

5. Is there anything about you, your family or your culture that would help us understand you, and how people respond to you? How does your culture influence you or people around you? Please describe. _____

EDUCATIONAL/VOCATIONAL TRAINING _____
If addendum completed at follow-up appointment, assessor should sign _____ and date _____

1. Are you currently involved in an educational or vocational training program? Yes No

1(a) If yes, describe how you are doing in school/training. (Do you like it? What about it do you like? Do you participate in any activities?) _____

1(b) If no, are you interested in becoming involved in an educational or vocational training program? No Yes, if yes please explain your reasons and describe your interests. _____

1(c) If no and of school age, what situations have lead to you not being in school? _____

2. Describe how school/training impacts or has impacted your life (both positive and negative aspects). _____

3. What is or has been your prior experience in school/training? _____

4. Have you ever been told you have special educational needs? No Yes, what was done about it (testing, special evaluation, special classes, development of an IEP/504, alternative school, change of teacher). _____

EMPLOYMENT (Persons 16 and older or others if pertinent)	If addendum completed at follow-up appointment, assessor should sign _____ and date _____
---	---

1. Are you currently working (full, part-time or volunteer)? Yes No

1(a) If yes, describe your current job, (e.g., type of work, work environment, length of employment, attitude toward work) and how the work affects your life (e.g., family, leisure time, health, relationships)? _____

1(b) If no, when was the last time you worked (i.e., date) and what prompted the change (e.g., reasons you left that job)? Are you interested in finding employment (describe interests)? _____

2. Describe your work and/or military history. How do you feel about it? How has it has impacted your life? _____

3. Describe strengths or barriers that have influenced your ability to work. _____

4. Are there any supports or resources you need in order to get a job and/or keep your current job? _____

PROBLEM GAMBLING SCREEN (Persons 16 and older)	If addendum completed at follow-up appointment, assessor should sign _____ and date _____
---	---

1. Have you ever felt the need to bet more and more money? Yes No

2. Have you ever had to lie to people important to you about how much you gambled? Yes No

If the responses to question 1 or 2 is yes, and if the person is not eligible for Title XIX/XXI services, please refer the person to the Arizona Office of Problem Gambling Toll Free Helpline: 1-877-921-4004 or if available, to a problem gambling program provided by your agency.

DEVELOPMENTAL HISTORY (All children and adults with developmental disabilities)	If addendum completed at follow-up appointment, assessor should sign _____ and date _____
---	---

1. During pregnancy did this person's mother:

- | | | |
|---|-----------------------------|---|
| Receive health care? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| Drink alcohol? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| Use tobacco? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| Use any illicit drugs? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| Use any medications? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| Have any medical or emotional problems? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| Experience complications during labor/delivery? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| Give birth prematurely? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |

2. Timing of Developmental Events

(a) By 0-1 year of age, had this person:

- | | | |
|----------|------------------------------|--|
| Sat up? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |
| Crawled? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |

(b) By 1-3 years of age, had this person:

- | | | |
|----------------------|------------------------------|--|
| Walked alone? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |
| Used first words? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |
| Fed self with spoon? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |

(c) By 3-5 years of age, had this person:

- | | | |
|-----------------------------|------------------------------|--|
| Been toilet trained? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |
| Used first sentences? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |
| Learned to ride a tricycle? | <input type="checkbox"/> Yes | <input type="checkbox"/> No, if no explain _____ |

3. Other Developmental Issues: Indicate below if the person ever experienced any of the following:

- | | | |
|---|-----------------------------|--|
| (a) Could not gain weight | <input type="checkbox"/> No | <input type="checkbox"/> Yes, age began _____ and if resolved when _____ |
| (b) Wet the bed or soiled his/her clothes | <input type="checkbox"/> No | <input type="checkbox"/> Yes, age began _____ and if resolved when _____ |
| (c) Had difficulty with coordination | <input type="checkbox"/> No | <input type="checkbox"/> Yes, age began _____ and if resolved when _____ |
| (d) Had difficulty with speech | <input type="checkbox"/> No | <input type="checkbox"/> Yes, age began _____ and if resolved when _____ |
| (e) Had unusual sensitivity to touch | <input type="checkbox"/> No | <input type="checkbox"/> Yes, age began _____ and if resolved when _____ |
| (f) Had difficulty with social skills | <input type="checkbox"/> No | <input type="checkbox"/> Yes, age began _____ and if resolved when _____ |
| (g) Was evaluated for taking too much time to develop certain skills (e.g., communicating, reading, spelling) | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |
| (h) Was evaluated for speech and language delays? | <input type="checkbox"/> No | <input type="checkbox"/> Yes, if yes specify: _____ |

4. Please provide any additional information that might be helpful regarding any other issues or significant events that should be considered. _____

5. Has or is the person receiving services from the Department of Economic Security, Division of Developmental Disabilities (DDD)?

- No Yes, describe. (Also make sure to indicate if available the worker's name and contact information on the cover sheet) _____

CRIMINAL JUSTICE (Persons with legal involvement)	If addendum completed at follow-up appointment, assessor should sign _____ and date _____
--	---

1. Recent Criminal Justice History

<u>1(a). Criminal Justice Involvement</u>	<u>Current (last 30 days)</u>	<u>Past Six Months</u>
Legal Issues (e.g., pending charges, court dates)	<input type="checkbox"/> No <input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes
Probation	<input type="checkbox"/> No <input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes
Parole	<input type="checkbox"/> No <input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes
Court-Ordered Treatment	<input type="checkbox"/> No <input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Yes
Arrests		<input type="checkbox"/> No <input type="checkbox"/> Yes, if yes how many? _____

1(b) Provide additional information about any of the items marked "yes" above. _____

2. Does this person have a Probation/Parole Officer? No Yes, indicate type and conditions of parole/probation: _____

If "yes" make sure the Officer's name and phone number is recorded on the Cover Sheet.

3. Describe any other past significant offenses** for which you have been arrested/charged and/or adjudicated (including type of offense, date of offense, legal action taken, resolution, current status) and what impact these events have had on your life. _____

4. As a result of involvement with the legal system, have there been any positive aspects/benefits that have resulted for you and/or your family? If so, please describe: _____

**Offenses might include but not be limited to any of the following: alcohol/tobacco, arson, assault/battery, auto theft, burglary, child molestation, criminal damage, cruelty to animals, curfew violation, domestic violence, drugs (possession, distribution), endangerment/weapons, DUI/DWI, forgery, fraud, manslaughter/murder, probation/parole violation, prostitution, robbery, sexual assault/rape, shoplifting, theft, trespassing, truancy.

SERIOUSLY MENTALLY ILL (SMI) DETERMINATION
(Persons who request SMI determination or have SMI qualifying diagnosis and GAF score 50 or lower)

I. Preliminary SMI Eligibility Determination Recommendation

Based upon my direct behavioral health assessment of this person, I _____
Assessor's Name (print)/ Signature Credentials/Position
make the following preliminary SMI eligibility recommendation.

1. Preliminary Recommendation of Qualifying SMI Diagnosis: *(Circle the person's principal diagnosis (es) supported by available information.)*

Psychotic disorders (295.10, 295.20, 295.30, 295.60, 295.70, 297.1, 295.90, 298.9); **Bipolar disorders** (296.00, 296.01, 296.02, 296.03, 296.04, 296.05, 296.06, 296.40, 296.41, 296.42, 296.43, 296.44, 296.45, 296.46, 296.50, 296.51, 296.52, 296.53, 296.54, 296.55, 296.56, 296.60, 296.61, 296.62, 296.63, 296.64, 296.65, 296.66, 296.7, 296.80, 296.89); **Obsessive-compulsive disorder** (300.3); **Major Depression** (296.20, 296.21, 296.22, 296.23, 296.24, 296.25, 296.26, 296.30, 296.31, 296.32, 296.33, 296.34, 296.35, 296.36); **Other Mood Disorders** (296.90, 301.13, 311, 300.4); **Anxiety disorders** (300.00, 300.01, 300.02, 300.14, 300.21, 300.22, 309.81); **Personality disorders** (301.0, 301.20, 301.22, 301.4, 301.50, 301.6, 301.81, 301.82, 301.83, 301.9)

1(a) The above noted diagnosis(es) is/are suggested based upon the following signs and symptoms of the mental disorder(s):
(Provide descriptions of both positive (confirming) findings and negative ("rule-out") findings for other diagnoses that were considered.) _____

1(b) Based on the assessment and other available information, the person's current GAF score was determined to be _____

2. Preliminary Recommendation of Functional Criteria: As a result of the above diagnosis, the person exhibits any item listed under 2 (a), (b) and/or (c) for most of the past twelve months **or** for most of the past six months with an expected continued duration of at least six months:

- 2(a) **Inability to live in an independent or family setting with out supervision (Self Care/Basic Needs)** - The person's capacity to live independently or in a family setting, including the capacity to provide or arrange for needs such as food, clothing, shelter and medical care.
 - Neglect or disruption of ability to attend to basic needs.
 - Needs assistance in caring for self.
 - Unable to care for self in safe or sanitary manner.
 - Housing, food and clothing, must be provided or arranged for by others.
 - Unable to attend to the majority of basic needs of hygiene, grooming, nutrition, medical and dental care.
 - Unwilling to seek prenatal care or necessary medical/dental care for serious medical or dental conditions.
 - Refuses treatment for life threatening illnesses because of behavioral health disorder.

- 2(b) **A risk of serious harm to self or others (Social/Legal and/or Feeling/Affect/Mood)** - The extent and ease with which the person is able to maintain conduct within the limits prescribed by law, rules and social expectations, and/or the extent to which the person's emotional life is well modulated or out of control.
 - Seriously disruptive to family and/or community.
 - Pervasively or imminently dangerous to others' bodily safety.
 - Regularly engages in assaultive behavior.
 - Has been arrested, incarcerated, hospitalized or at risk of confinement because of dangerous behavior.
 - Persistently neglectful or abusive towards others in the person's care.
 - Severe disruption of daily life due to frequent thoughts of death, suicide, or self-harm, often with behavioral intent and/or plan.
 - Affective disruption causes significant damage to the person's education, livelihood, career, or personal relationships.

SMI DETERMINATION (con't)

- 2(c) **Dysfunction in Role Performance** - Person's capacity to perform the present major role function in society --- school, work, parenting or other developmentally appropriate responsibility.
 - Frequently disruptive or in trouble at work or at school.
 - Frequently terminated from work or suspended/expelled from school.
 - Major disruption of role functioning.
 - Requires structured or supervised work or school setting.
 - Performance significantly below expectation for cognitive/developmental level.
 - Unable to work, attend school, or meet other developmentally appropriate responsibilities.

3. Risk of Deterioration

- The person does not currently meet any one of the above functional criteria 2(a) through 2(c) but may be expected to deteriorate to such a level without treatment.
 - A qualifying diagnosis with probable chronic, relapsing and remitting course.
 - Co-morbidities (like mental retardation, substance dependence, personality disorders, etc.).
 - Persistent or chronic factors such as social isolation, poverty, extreme chronic stressors (life-threatening or debilitating medical illnesses, victimization, etc.).
 - Other** (past psychiatric history; gains in functioning have not solidified or are a result of current compliance only; court-committed; care is complicated and requires multiple providers; etc.).

If any of the above boxes are checked,, document reason: _____

4. The above noted Functional Criteria ratings are suggested based upon the following information regarding this person's functioning: (Provide a description of both the positive (confirming) findings and negative ("rule-out") findings of the functioning of this person) _____

Assessor's Name (print) / Signature

Credentials/Position

Date

II. Final SMI Eligibility Determination

- SMI** - All of the available information supports the conclusion that the above person has a qualifying diagnosis (1) AND either meets one or more functional criteria (2) OR is at risk of deterioration (3) and therefore meets ADHS/DBHS clinical criteria for SMI.
- Not SMI** - The above person does not meet ADHS/DBHS clinical criteria for SMI.

Clinical rationale for final determination: _____

Reviewer Name (print) / Signature

Credentials/Position

Date

CHILD PROTECTIVE SERVICES
(For 24 hour urgent response for children removed by Child Protective Services)

The questions contained in this addendum are primarily intended to be responded to by the Child Protective Service specialist involved with the child’s case. In addition to this addendum, the assessor should complete the Behavioral Health Client Sheet, the Client Demographic Information Sheet and the following sections in the Core Assessment: Risk Assessment, Mental Status Exam, Diagnostic Summary and the Next Steps/Interim Service Plan. The remainder of the Core Assessment should only be completed at this time only if the child’s clinical condition/circumstances allow. The assessor should make sure that the Child Protective Service Specialist’s name and phone number is recorded on the Cover Sheet.

1. What are the reasons for the removal of the child from the parent /guardian? Are there other siblings in the family and/or living in the same home? Are other siblings victims of abuse and has CPS removed them? Explain. _____

2. Has the child had prior involvement with Child Protective Services? No Yes, if yes explain. _____

3. What is the child’s perception of his/her parents, siblings, and/or family? What is the child’s perception of his/her relationship with his/her parents/siblings/family? What are the child’s feelings, sense of attachment, trust, security, love and affection toward his/her parents/guardian? _____

4. Was the child or the family receiving behavioral health services prior to the removal from the parent/guardian’s home?

No Yes, if yes explain. _____

For Questions 5 through 9 the assessor should check below those statements which best describe the child based on the assessor’s observations and discussion with the Child Protective Service specialist at the time of the interview.

5. General presentation for children 0-3 years of age

- Crying
- Clingy
- Hard to soothe
- Regressed
- Tantruming
- Disengaged
- Head-banging

6. General presentation for children 4 years of age or older:

- Listless, withdrawn
- Disinterested
- Anxious
- Fearful
- Angry
- Labile
- Fussy
- Shocked
- Sad
- Hearing voices
- Suicidal
- Violent, homicidal

7. Understanding of removal process:

- Confused
- Self Blaming
- Realistic
- Distorted
- Age appropriate
- No understanding
- No age appropriate understanding

8. Sense of future

- Hopeful
- Realistic
- Unrealistically Optimistic
- Pessimistic
- Empowered
- Planning own destiny
- Unable to perceive a future
- No age appropriate understanding

SPECIAL SUICIDE RISK ASSESSMENT
(For all persons in crisis situations)

The Special Suicide Risk Assessment was designed for use in crisis situations, when it is not feasible to complete the core assessment. In an emergency, the person's immediate clinical needs must be initially addressed. To ensure the person's safety, any person who shows evidence of depressed mood, anxiety, or substance abuse should be specifically assessed for suicidal risk.

Person's Name: _____ ID#: _____ DOB: _____
 Address: _____ Date: _____
 Phone: _____ Contact Type: Telephone Walk-in Time: _____
 Location of Person (if other than above): _____
 Gender: M F Primary/Preferred Language: _____ Crisis Plan? N Y Date: _____

1. PRESENTING PROBLEM OR REQUEST FOR ASSISTANCE:	
2. TRIAGE: a. Are you able to keep yourself safe until this assessment is completed? <input type="checkbox"/> Yes <input type="checkbox"/> No b. Are you in possession of a gun or weapon or do you have easy access to a gun or weapon? <input type="checkbox"/> Yes <input type="checkbox"/> No c. Have you felt like hurting yourself <input type="checkbox"/> Yes <input type="checkbox"/> No or anyone else? <input type="checkbox"/> Yes – Refer to Core Risk Assessment for Harm to Others <input type="checkbox"/> No d. Have you already hurt yourself or anyone else? <input type="checkbox"/> Yes <input type="checkbox"/> No	
<i>Note: If person answers "Yes" to 2d above and the level of risk is determined to be severe at this point, and a mobile crisis response team has been dispatched to continue the assessment, it is not necessary to complete the remainder of this form.</i>	
3. IDEATIONS: (Describe any thoughts of dying or killing oneself in detail, using person's own words. Include circumstances that trigger suicidal thoughts.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
Ideation is: Fleeting <input type="checkbox"/> Periodic <input type="checkbox"/> Constant <input type="checkbox"/> Increasing in: Severity <input type="checkbox"/> Urgency <input type="checkbox"/> Frequency <input type="checkbox"/>	(No thoughts ←→ Obsessive thoughts)
4. PLAN: (How would person carry out ideations? Use details, person's own words.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
	(Unclear ←→ Detailed & specific)
5. MEANS: (Instruments to be used; access to instruments. Use details, person's own words.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
	(No access ←→ Continuous access)
6. LETHALITY: (Dangerousness of plan. Use details, person's own words.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
	(Minimal risk ←→ Certainty of death)
7. INTENT: (Reports desire and intent to act on suicidal thoughts. Use details, person's own words.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
	(No desire/denial ←→ Desire to complete plan)
8. HISTORY: (Suicide and self-harming behaviors, self and family; Attempts: number, when, method, lethality, rescues, etc. Begin with past three months.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
What has prevented person from acting on suicidal thoughts in the past?	(No history ←→ Multiple life threatening acts or severe attempts)
9. SUBSTANCE ABUSE/USE: (History of use/abuse, access to substances, including family member substance abuse)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
Is person currently using? If so, list substance(s), amount, and when taken.	(None ←→ Heavy use/dependence)
10. ACUTE LIFE STRESSORS: (Situation/recent changes with family, relationship, job, school, health, divorce, marriage, grief, losses, financial, residential instability, bullying, etc.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe
	(Few stressors ←→ Many stressors)

11. DEPRESSION/AGITATION: (Affect, anxiety, restlessness, symptoms of depression)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (Normal affect ← → Severe depression)
12. HOPELESSNESS: (Future orientation)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (Can see future ← → Unable to see)
13. PSYCHOTIC PROCESSES: (History/symptoms of psychosis, delusions, auditory/visual hallucinations. Include dates, diagnoses, meds.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (No history ← → Severe delusions)
14. MEDICAL FACTORS: (History/current medical conditions including chronic and severe pain, terminal illness, etc.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (No history ← → Multiple symptoms)
15. BEHAVIORAL CUES: (Isolation, impulsivity, hostility, rage, etc.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (Minimal ← → Extreme)
16. COPING SKILLS: (Helplessness, negation of self and others)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (Good coping skills ← → Poor coping)
17. SUPPORT SYSTEM: (Family, friends, co-workers, roommates, spiritual affiliation, civic, school, etc. Define relationship(s) and details using person's own words.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (Supportive contacts ← → No support)
18. OTHER FACTORS: (<u>OPTIONAL</u> . If previously mentioned, describe any recent lifestyle changes, sexual identity/orientation issues, involvement w/justice system, communication skills, other diagnoses.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> None Low Med High Severe (Small significance ← → Severe impact)
19. CULTURAL CONSIDERATIONS: (<u>OPTIONAL</u> . If mentioned, describe person's attitude towards suicide—acceptance, ambivalence, rejection, etc; cultural views on death and suicide; specific concerns)	
20. OVERALL RISK LEVEL: Low <input type="checkbox"/> Med <input type="checkbox"/> High <input type="checkbox"/>	
21. REASONING: (Identify risk factors and factors offsetting risks)	
RISKS:	OFFSETS:
22. ACTION TAKEN: (Client signed Crisis Plan? Y <input type="checkbox"/> N <input type="checkbox"/> Interim Service Plan Completed? Y <input type="checkbox"/> N <input type="checkbox"/> Include details of appointments/referrals made)	

Clinician/BHP: _____
Print Name Signature and Credentials Date

Clinical Liaison: _____
Print Name Signature and Credentials Date

Supervisor: _____
Print Name Signature and Credentials Date

PART D: BEHAVIORAL HEALTH SERVICE PLAN

Name: _____ CIS Client ID# _____ Program: _____ Today's Date: _____
 Individuals at Service Planning Meeting: _____

RECOVERY GOAL/PERSON-FAMILY VISION:

PERSON'S STRENGTHS:

Review Date (Objective Target Date): _____

IDENTIFIED NEEDS and SPECIFIC OBJECTIVES (to address these needs)	Current Measure	INTERVENTIONS to MEET OBJECTIVES		Desired Measure	Achieved Measure (at target date)	Measure Met (Y/N)
		Specific Services and Frequency	Strengths Used			
1						
2						
3						

DISCHARGE PLAN (add discharge date if known):

Yes, I am in agreement with the types and levels of services included in my service plan. No, I disagree with the types and/or levels of some or all of the services included in my service plan. By checking this box, I will receive the services that I have agreed to receive and may appeal the treatment team's decision to not include all the types and/or levels of services that I have requested. *

Person / Guardian _____ Date: _____

Clinical Liaison _____ Date: _____ Other _____ Date: _____

BH Prof. Rev. _____ Date: _____ Other _____ Date: _____

*If no is checked, a Notice of Action (PM Form 5.1.1) must be provided to the person if the disagreement concerns a Title XIX/XXI covered service. If the disagreement pertains to a Non-Title XIX/XXI covered service and the person has been determined to have a serious mental illness, the person must be given the Notice of Decision and Right to Appeal (For Individuals With a Serious Mental Illness (PM Form 5.5.1)).

PART E: ANNUAL BEHAVIORAL HEALTH UPDATE AND REVIEW SUMMARY

III. CURRENT DIAGNOSTIC SUMMARY

1. Axis I.	<u>DSM-IV TR Code</u>	<u>Diagnosis</u>	<u>Justification for diagnoses (es)</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

1. Axis II.	<u>DSM-IV TR Code</u>	<u>Diagnosis</u>	<u>Justification for diagnosis (es)</u>
_____	_____	_____	_____
_____	_____	_____	_____

3. Axis III. Identify the person's specific medical conditions and check below the disease categories that apply.

- | | |
|---|---|
| <input type="checkbox"/> Infectious and Parasitic Diseases (001-139)
<input type="checkbox"/> Neoplasms (140-239)
<input type="checkbox"/> Endocrine, Nutritional, and Metabolic Diseases and Immunity Disorders (240-279)
<input type="checkbox"/> Diseases of the Blood and Blood-Forming Organs (280-289)
<input type="checkbox"/> Diseases of the Nervous System and Sense Organs (320-389)
<input type="checkbox"/> Diseases of the Circulatory System (390-459)
<input type="checkbox"/> Diseases of the Respiratory System (460-519)
<input type="checkbox"/> Diseases of the Digestive System (520-579) | <input type="checkbox"/> Diseases of the Genitourinary System (580-629)
<input type="checkbox"/> Complications of Pregnancy, Childbirth, Puerperium (630-676)
<input type="checkbox"/> Diseases of the Skin and Subcutaneous Tissue (680-709)
<input type="checkbox"/> Diseases of the Musculoskeletal System and Connective Tissue (710-739)
<input type="checkbox"/> Congenital Anomalies (740-759):
<input type="checkbox"/> Certain Conditions Originating in Perinatal Period (760-779)
<input type="checkbox"/> Symptoms, Signs, and Ill-Defined Conditions (780-799)
<input type="checkbox"/> Injury and Poisoning (800-999) |
|---|---|

4. Axis IV. (Psychosocial or Environmental Stressors) _____

5. Axis V. (GAF or CGAS score) _____

IV. RECOMMENDATIONS FOR CURRENT AND ONGOING SERVICE/TREATMENT

1. List prior goals that have not been achieved that still need to remain a focus of services/treatment: _____

2. List any new goals for the service plan: _____

3. List other ongoing needs or concerns that need to be addressed, including coordination of care with PCP: _____

4. Identify any areas in the assessment that need to be reassessed due to significant changes, e.g., person's condition, living environment, support structure: _____

_____	_____	_____
Clinical Liaison's Name (print) / Signature	Credentials/Position	Date

_____	_____	_____
Behavioral Health Professional Reviewer Name (print) / Signature	Credentials/Position	Date

Agency _____

REMINDER: All demographic data reported to ADHS/DBHS must be reviewed during annual update. Based on this review:

- At a minimum the following demographic/clinical data fields must be reported to ADHS/DBHS regardless of whether they have changed since the last data submittal: Diagnostic related information (Axis I, II, V and GAF/CGAS), behavioral health category, employment and educational status, primary residence, number of arrests since the last data update and primary and secondary substance use; and/or
- All other demographic information that has changed (e.g., other agency involvement, income for non-Title XIX/XXI eligibles).