



TTI/Whole Health Initiative – Plan of ACTION 2-26-10

“Catchy Slogan”: **ME – In Charge!**

People of Color Network is excited to participate in the RBHA TTI/Whole Health Initiative and plans to incorporate these principles and practices into their day-to-day Adult Service Operation. We are particularly pleased to empower our 1300 North Central Site and the Peer/Family Mentors from our other three sites to lead this effort. PCN will be collaborating with the ASU Schools of Nursing and Social Work to integrate the TTI/Whole Health Initiative with a School of Nursing sponsored Metabolic Disorder Study of our Arizona State Hospital ACT Outpatient Team. The Clinical Director, assigned Clinical Coordinator, Team RN and the School of Nursing and Social Work Project Managers, will be responsible for the assignment and monitoring of the Mentor and Student Nurse activities that satisfies whole person service delivery objectives, and demonstrates increased peer input in the treatment planning process.

Who: *1300 North Central Site and Family Mentors, in conjunction with community providers, site and family mentors from the Washington, E. Phoenix and Centro Esperanza sites, and ASU proctors; will lead/facilitate the **Peer Support Whole Health** educational groups as trained by the Appalachian Consulting Group 1/26, 27 & 28/10.*

Clinics: 1300 North Central

How Recipients Selected: For the purposes of this initiative and the ASU collaboration related to the Metabolic Disorder Study, the recipients chosen will be from the ASH ACT Outpatient Team. This particular population was chosen based on the Wellness Initiatives being implemented with patients while at ASH, with follow-up data being difficult to gather post discharge. ASH CEO, John Cooper has reported that the State would like ASH to be able to determine if any of the Wellness Initiatives implemented at ASH would be adhered to once the patient was discharged. By concentrating the focus of our Initiative on the ASH Outpatient population – we could potentially meet the data collection elements for the RBHA and for ASH.

Program Structure: The **Peer Support Whole Health** Support Groups will be structured according to the curriculum and training provided by the Appalachian Consulting Group.

Data Collection: Due to the nature to this collaboration, ASU Nursing Students, with the assistance of the Mentor staff, will be collecting this data and completing a report based on study results. PCN will be provided with a copy of this report and will share this data with the RBHA. Jeff Boldizar has been asked to attend future planning meetings with PCN and ASU with the anticipation that this study/initiative will be operational by March 2010.