

**MY FEST '10 FEATURED ENTERTAINMENT, RESOURCES FOR YOUTH**  
*Day of inspiration raised awareness about foster care, substance abuse, mental health*



MY Fest '10 attracted approximately 5,000 participants to this year's free community event at Tempe Town Lake on April 3.

Participants enjoyed inspirational music, art and entertainment while learning more about available resources related to foster care, substance abuse and mental health.

The annual event is organized by MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment). It would not be possible without the support of Magellan Health Services of Arizona, Mentally Ill Kids in Distress, Quality Care Network, Jewish Family & Children's Service, the Arizona Department of Health Services and Youth Advocate Partners.

Magellan Health Services of Arizona Deputy CEO Jeff Boldizar addressed the crowd while standing in front of a MY Fest '10 banner.

The Phoenix Suns gorilla also stopped by to entertain the crowd and support the youth who had the courage to share their experiences with mental health, substance abuse, and/or foster care issues. All of the presenters are committed to making positive changes in their lives, while encouraging others to do the same.

"By teaching others how to advocate for themselves, Magellan hopes to reduce the stigma around those seeking treatment for these challenges," said Shawn Thiele, chief of child and youth services for Magellan Health Services of Arizona.

####