



NAMI Phoenix

# Caring and Sharing



NAMI East Valley

Vol. 11, No. 2

Families and Friends Affected by Mental Illness

April / May 2010

## Arnold vs. Sarn Lawsuit is Suspended

by Clayton Esterson

*Arnold vs. Sarn* has helped define the level of services and funding provided by the state of Arizona for the Seriously Mentally Ill (SMI). The long-standing lawsuit was stayed in the Arizona Superior Court on March 3, 2010. The stay (suspension) is in effect for two years and is the result of the fiscal crisis Arizona is facing. Plaintiffs in the lawsuit acknowledged that cuts in court ordered funding for SMI are inevitable. Governor Brewer called for statutory changes that would eliminate or modify the statutory requirements for the State to serve SMI individuals, including the Plaintiff in *Arnold vs. Sarn*.

Anne Ronan, of the Arizona Center for Law in the Public Interest, wrote:

“After serious consideration in light of the very real threat that the statutory entitlement to community based services for persons with serious mental illness will be repealed by the legislature, we have entered into a Stipulation to Stay the litigation and



the enforcement of the current Court Orders in Arnold for the next two years. We have also agreed to work with the Governor and the Department to renegotiate the current orders based on a set of principles outlined in the Stipulation. This has been a very difficult decision. The next two years will be very challenging with the budget cuts and reductions in services. We are committed to doing everything we can to minimize the impact to persons with serious mental illness and their families.”

The stay stated: "The State of Arizona is currently experiencing one of the worst recessions in the State history. Since the recession began in December 2007, State revenues have declined for three consecutive years, and for Fiscal Year 2010, they are projected to be 34% less than FY2007. "

The projected shortfall for FY2011 is \$3.2 billion. The Governor has recommended, as part of her FY2011 Executive Budget, that services are reduced for approximately 14,000 Non-Title XIX (Medicaid) Seriously Mentally Ill (SMI) adults in the state.

SMI individuals who are covered under Title XIX, will see cuts in housing, which is non-reimbursable under Medicaid.

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## NAMI Walks 2010 Raises Over \$90K

by Peg Podlich

On Sunday, March 28, spring was in the air at Tempe Town Lake and more than four thousand people had a spring in their step as they joined NAMI Walks 2010. Nearly 80 teams fielded walkers who enjoyed the sunny afternoon, listening to live music by both Scatfish and Nick Nicholson, watching performances by flamenco dancers and ASU Music Therapy, and visiting information booths. Cheryl Fanning, president of NAMI AZ, gave a welcome speech and Sydney Kennedy Neely sang the

national anthem. At the Start Line, the Alhambra High School ROTC Color Guard, the Sun City Jazzy Poms and the Phoenix Police Department C.I.T provided motivation as dedicated NAMI supporters headed out. Kelly Willard performed at the finish line as members of the N.A.U. chapter of Kappa Delta Chi sorority greeted the successful walkers with cheers, pins, blue and gold beads and water after the three-mile trek.

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## Upcoming Magellan Community Council Meetings

 <p>10810 N. Tatum Blvd. #102, PMB 325 Phoenix, AZ 85028 602.374.7439 www.NamiPhoenix.org</p>	 <p>P.O. Box 27244 Tempe, AZ 85285 480.694.8782 email: info@NamiEastValley.org www.NamiEastValley.org</p>
<p><b>Executive Committee:</b> Denise Alvarez, President Karen Nick, Secretary Lawson Cronlund, Treasurer</p> <p><b>Members of the Board:</b> Jean Howell Vivian Post Gloria Abril</p>	<p><b>Executive Committee:</b> President: Carla Dark 1st Vice Pres: Sydney Taylor 2nd Vice Pres: Beverly Carling Secretary: Kathryn Hart Treasurer: Aggie Brazill</p>
<p><b>Committees:</b></p> <p><b>Membership:</b> Helga Wilson</p> <p><b>Bylaws and Resolutions:</b> Marie Martin &amp; Carol Cronlund</p> <p><b>Newsletter:</b> Editor: Clayton Esterson Printing &amp; Mailing: Terry Odhner &amp; Carol Cronlund</p> <p><b>Programs and Education:</b> Denise Alvarez</p> <p><b>Volunteer Committee:</b> Marilyn Racer</p> <p><b>Advocacy Committee:</b> Carol McDermott</p>	<p><b>Members of the Board:</b> Don Badger Judi Badger Barbara Bair Sr. Carol Bowers Carisia Cantrell Carol Finney Paul Galdys Mike Gallagher Jan Pflugfelder Brittany Seiter Terry Worth</p>

NAMI represents families and friends affected by serious mental illnesses. NAMI Phoenix and NAMI East Valley are affiliates of NAMI (National Alliance on Mental Illness) and NAMI Arizona (the Arizona Alliance on Mental Illness). NAMI is a grass-roots, self-help, support, education, research and advocacy organization dedicated to improving the lives of adults and children with severe brain disorders.

*Caring and Sharing* is published every two months.

### FREE e-mail subscription

You can sign up for an e-mail subscription to the *Caring and Sharing* newsletter. You do not have to be a NAMI member for this free service.

E-mail your request to:

**webmaster@NamiPhoenix.org**

Each month, Magellan Health Services hosts two Community Council meetings, one focused on adult care and one on child care, in order to get input from behavioral health recipients, family members, clinicians, advocates and others who are leaders in the community. Senior staff from the Regional Behavioral Health Authority (RBHA ) will be in attendance in order to hear input and recommendations, learn about any service barriers and brainstorm solutions for overcoming those barriers.

Meeting minutes are available on-line at [www.MagellanOfAZ.com](http://www.MagellanOfAZ.com).

### Adult System of Care Community Council

Magellan of Arizona  
4129 E. Van Buren Street - Suite 250  
Cottonwood Room  
Phoenix, AZ

First Wednesday of each month - 6:00 pm

### Child and Family Advisory Partnership

Family Involvement Center  
1430 E. Indian School Road (Training Center)  
Phoenix, AZ

Last Wednesday of each month - 5:30 pm

## Need Help?

**Emergencies, call 911.**

**24-hour crisis line, call 602.222.9444**

(Maricopa Crisis Recovery Network).

For support groups, education classes, special events, volunteering, membership inquiries and other information, call the NAMI Phoenix referral line at **602.374.7439** or e-mail [jhowell0@cox.net](mailto:jhowell0@cox.net).

Want to learn more about articles  
you read in this newsletter?  
Visit [www.NamiPhoenix.org](http://www.NamiPhoenix.org) or  
[www.NamiEastValley.org](http://www.NamiEastValley.org). We have a reference  
section in our newsletter Web page that has links to  
references and additional information.

# Volunteers Support NAMI Walks 2010

-- continued from page 1

Health organizations and businesses also showed their support for NAMI and the 2010 Valley Walk by providing water, donating money, and distributing information. NAMI Arizona wishes to thank each and every one of you for all your hard work. It is the dedication and support of all of you that allow us to continue to be Arizona's Voice on Mental Illness.

Peg is a member of NAMI Phoenix



L-R Andrea Schwalbe,  
Aminta Mahlon

## NAMI Walks Brings Together Service Providers

NAMI Walks brought together many providers of mental health services. We are profiling two groups who had information booths at the Walk.

### Friendship Community Mental Health Center

FCMHC is dedicated to providing quality mental health services to persons in the community, including a comprehensive partial hospitalization program for adults diagnosed with a serious mental illness.

602.241.6656  
[www.FriendshipCMHC.org](http://www.FriendshipCMHC.org)

Friendship Community Mental Health Center



L-R Lisa Trzebiatowski, Laura Krueger,  
Jan Owens, Edna Jameson

### Crisis Response Network, Inc

CRN provides 24/7 crisis hotline services and helps you identify your resources for care.

Each week these hotline services take 600 to 800 calls, and has mobile teams at emergency rooms. Because of the cutbacks to state spending, the network expects upwards of 85,000 more calls in the coming year and that requests for mobile services will double.

602.222.9444  
[www.CrisisNetwork.org](http://www.CrisisNetwork.org)



L-R Brittney Smith, Suzanne  
Rabideau, Shanna Palumbo

# Goals Set for post-Arnold vs. Sarn

-- continued from page 1

While the lawsuit is suspended, the Plaintiff and Defendants agreed to negotiate in good faith on the following topics:

1. Aligning compliance measures with recovery principles based on outcomes rather than solely on process.
2. Incorporating nationally recognized professional standards in public sector behavioral health systems.
3. Vesting ADHS with the primary responsibility to conduct reliable and accurate compliance audits.
4. Pursuing flexibility in compliance measures.

5. Reviewing court orders periodically.
6. Measuring compliance by system performance standards.
7. Providing a mechanism to include member and family input in revised court orders and ongoing performance.
8. Evaluating of the current delivery system and eligibility criteria for services.

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Clayton is the editor of *Caring and Sharing*

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## Standards for College Mental Health Services

### Abridged from National Public Radio

"The International Association of Counseling Services (ICACS) sets the standards for mental health services, and it recommends that in order to keep students safe and healthy, a college campus should have a minimum of one therapist for every 1,000 to 1,500 students. When a school falls significantly short of that — and many colleges do — the wait-lists for students seeking help can stretch to a month or more.

"In one recent study, students who got stuck on a long wait list were 14% more likely to drop out than those who got timely counseling.

"When assessing a college for your high school senior, look into mental health services that are offered.

"Ask what sort of mental health services they have.

"Ask schools about their therapist-to-student ratio, and about what the institution does for students who have mental health problems after-hours. Find out about how the college advertises its services, to assess how easily the students can get needed information.

"Some big fixes will indeed cost big money,' Vic Ojakian says. But others — such as peer support groups and a basic Web site that at least points students to other telephone and online mental health resources — are cheap enough that even the most financially strapped colleges should have them in place."



**7:00 - 9:00 pm**  
**Scottsdale Senior Center**  
**1700 N. Granite Reef**  
**Scottsdale, AZ**

### NAMI Education Meetings

**Tuesday, May 4, 2010**

**Speaker:**  
**Michael Zeeb**  
**Recovery Services Manager,**  
**Recovery Innovations**

**Tuesday, June 1, 2010**

**Speaker:**  
**Anne Ronan**  
**Topic:** *Continued discussion on*  
*Arnold vs. Sarns. Effects of the*  
*Budget Cuts on*  
*Mental Health Services in AZ*



NAMI East Valley



NAMI Phoenix

Information:

**602.374.7439**

# Magellan Provides On-Line Performance Dashboard

by Dr. Richard Clarke

Magellan's provider outcomes dashboard is a report card that shifts the emphasis from how well professionals and programs are performing to how well individuals are progressing in their recovery journeys.

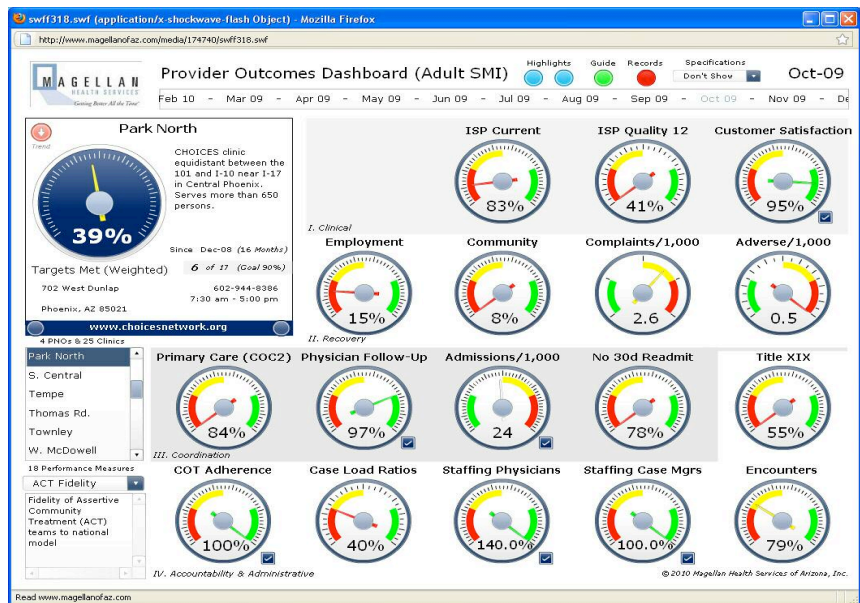
Like an automobile gauge, the dashboard serves as the navigation device for 18 critical areas, ranging from service maximization to clinic coordination and quality of care. These mile markers measure the progress being made by recipients, providers, and ultimately our entire mental health system. Best of all, the dashboard metrics are updated monthly to provide a timely look at what we do well and where we can improve.

The dashboard enables Magellan to monitor case manager and physician staffing levels to track if there is timely follow-up to those who visit the clinics, and to see if recipients are satisfied with the quality of care they receive. Most telling is that the dashboard can assess recipients' integration into their communities through employment, participation

in activities, and interaction with family and friends.

This level of transparency and accountability is unprecedented in Maricopa County. Magellan's Chief of Adult Services David Covington summarized the impact of the dashboard best when he said that it gives eyes to the performance of the largest and one of the most complex behavioral health systems in the country. I invite you to see for yourself.

Dr. Clarke is CEO of Magellan Health Services of Arizona



Visit the Dashboard at [www.magellanofaz.com/media/174740/swff318.swf](http://www.magellanofaz.com/media/174740/swff318.swf)

## Two Family-to-Family Classes



A series of 12 once-per-week classes structured to help families and caregivers understand and support individuals with serious mental illness while maintaining their own well-being.

This course is FREE. Pre-registration is required

Information or to register, call:  
Contact Susan  
602.244.8166  
SJunck@NamiAz.org

**Class #1:**  
**Mondays**  
6:00 - 8:30 pm  
May 10 - Aug 2, 2010

**NAMI Arizona State Office**  
5025 E. Washington St.  
Phoenix, AZ

**Class #2:**  
**Wednesdays**  
6:00 - 8:30 pm  
May 19 - Aug. 11, 2010

Hayden Rd. & Shea Blvd  
Scottsdale, AZ

# NAMI Phoenix & East Valley Calendar of Events & Activities April / May 2010

Group	Description	Location	Date
<b>Family Support Groups</b>			
<b>Daytime Family Support</b>	For family members and friends of people who have a serious mental illness. Mimi <b>480.991.7943</b>	Mountain View Presbyterian Church 8050 E. Mountain View Road Scottsdale, AZ	<b>9:30 - 11:00 am</b> Every <b>4th Thursday</b>
<b>Evening Family Support</b>	For family members and friends of people who have a serious mental illness. <b>480.983.7632</b>	<b>New Location starting on May 5</b> NAMI AZ State Office 5025 E. Washington, Suite 112 Phoenix, AZ	<b>6:30 - 8:00 pm</b> Every <b>Wednesday</b>
<b>Evening Family Support</b>	For family members and friends of people who have a serious mental illness. Carol <b>602.953.0478</b>	North Scottsdale United Methodist Church 11735 N. Scottsdale Road. Scottsdale, AZ	<b>7:00 - 8:30 pm</b> Every <b>1st Monday</b>
<b>Daytime Family Support</b>	<i>Caring Connections</i> Joan: <b>480.883.8871</b>	Risen Savior Lutheran Church 23914 S. Alma School Road Chandler, AZ	<b>10:00 am - 12 noon</b> Every <b>1st &amp; 3rd</b> <b>Wednesday</b>
<b>Evening Family Support</b>	<i>Care and Share:</i> For family members and friends of people who have a serious mental illness. <b>520.560.2545</b>	Casa Grande, AZ Call <b>520.560.2545</b> for address	<b>6:30 - 8:30 pm</b> Every <b>2nd &amp; 4th</b> <b>Wednesdays</b>
<b>Evening Family Support</b>	<i>Families Giving Hope:</i> For family members and friends of people who have a serious mental illness.	First Methodist Church 331 S. Cooper Rd. Gilbert, AZ	<b>6:30 - 8:30 pm</b> Every <b>2nd &amp; 4th</b> <b>Thursdays</b>
<b>Evening Family Support</b>	For family members and friends of people who have a serious mental illness. Susan <b>480.473.7082</b> Barb <b>480.626.2668</b>	Scottsdale Arabian Library Meeting Room #2 10215 E. McDowell Mt. Ranch Rd.	<b>6:00 - 7:30 pm</b> <b>1st &amp; 3rd</b> <b>Thursday</b>
<b>Evening Family Support</b>	For family members and friends of people who have a serious mental illness. <b>623.546.4011</b>	Arrowhead Hospital 18699 N. 67th Ave. Glendale, AZ Physician's Suite Plaza Suite 105 B - Sierra Room	<b>6:00 - 7:30 pm</b> <b>2nd &amp; 4th</b> <b>Thursdays</b>
<b>NAMI in Spanish</b>	For family members and friends of people who have a serious mental illness. <b>623.546.4011</b>	NAMI AZ State Office 5025 E. Washington, Suite 112 Phoenix, AZ	<b>6:00 - 7:30 pm</b> <b>3rd Thursdays</b>
<b>Daytime Family Support</b>	For family members and friends of people who have a serious mental illness. Carol <b>623.546.4011</b>	Shepherd of the Hills Church at 13658 Meeker Blvd Sun City West, AZ	<b>1:00 - 2:30 pm</b> <b>3rd Friday</b>
<b>Family Support Co-Occurring Disorder</b>	For family members and friends of people who have a serious mental illness. plus Substance Abuse	NAMI AZ State Office 5025 E. Washington, Suite 112 Phoenix, AZ	<b>6:00 - 8:00 pm</b> <b>April 13</b> <b>Tuesday</b>

<b>Group</b>	<b>Description</b>	<b>Location</b>	<b>Date</b>
<b>Peer &amp; Specialty Support Groups</b>			
<b>New Horizons Support Group</b>	All diagnoses welcome!	1501 N. Gilbert Rd. Gilbert Health Center Gilbert, AZ	<b>7:00 - 9:00 pm</b> Every Friday
<b>Education Classes</b>			
<b>Education Meeting</b>	May speaker: Michael Zeeb Topic: <i>Recovery Innovations</i>	Scottsdale Senior Center 1700 Granite Reef Road Scottsdale, AZ	<b>7:00 - 9:00 pm</b> May 4, 2010 Tuesday
	June speaker: Ann Ronin Topic: <i>Arnold vs. Sarns</i>		<b>7:00 - 9:00 pm</b> June 1, 2010 Tuesday
<b>Family-to-Family Course</b>	A comprehensive 12-week course on mental illness. <u>Reservations required.</u> Susan: <b>602.244.8166</b>	NAMI AZ State Office 5025 E. Washington St. Phoenix. AZ	<b>6:00 - 8:30 pm</b> May 10 - Aug. 2, 2010 Mondays
		Hayden & Shea Scottsdale, AZ	<b>6:00 - 8:30 pm</b> May 19 - Aug 11, 2010 Wednesdays
<b>Peer-to-Peer</b>	A nine-week course for individuals living with mental illness. <u>Reservations required.</u> Susan: <b>602.244.8166</b>	NAMI AZ State Office 5025 E. Washington St. Phoenix. AZ	<b>10:00 am - noon</b> Apr. 14 - June 2, 2010 Wednesdays
<b>NAMI Basics</b>	A six week course for parents / caregivers of teens and adolescents living with mental illness. <u>Reservations required.</u> Susan: <b>602.244.8166</b>	E. McDowell Rd & Hayden Road Scottsdale, AZ	<b>6:00 - 8:30 pm</b> May 4 - June 8, 2010 Tuesdays
<b>Misc Events</b>			
<b>12th Annual Family Picnic</b>	Join us for burgers, hot dogs and conversation. <b>602.953.0478</b>	Roadrunner Park 3502 E. Cactus Rd Ramada near 36th St on east side of park	<b>6:00 - 8:00 pm</b> April 19, 2010 (3rd Monday)
<b>NAMI National Convention</b>	Symposia and seminars on mental health issues.	Washington, D.C.	<b>June 30 - July 3, 2010</b>
<b>NAMI Phoenix Board Meeting</b>	Meeting is open to all Call Denise <b>480.580.7982</b> .	NAMI AZ State Office 5025 E. Washington St. Phoenix. AZ	<b>6:00 - 8:00 pm</b> April 26, 2010 Monday

# NAMI Southern Arizona has a Free Newsletter

Did you know that NAMI Southern Arizona also publishes a newsletter? I'm a subscriber and their newsletter is very similar to *Caring and Sharing*. It's also 12 pages long and crammed full of useful news about mental health. The most recent issue has an article about the impact of the Arizona budget crisis on behavioral health (sound familiar?). There are educational meetings, support groups and a writing group.

So why do you care? Because NAMI Southern Arizona offers a free e-mail subscription and you never know when you might find yourself down south or know someone who lives there and could use some useful information about mental health.

Subscribe today.

[NamiOfSouthernArizona.community.OfficeLive.com](http://NamiOfSouthernArizona.community.OfficeLive.com)

 <b>nami</b> National Alliance on Mental Illness	<b>Southern Arizona</b>	<i>Bringing Hope &amp; Awareness to You</i>	
<i>The Official Newsletter of NAMI of Southern Arizona</i>		Volume 28: Issue 1	February 2010

## Switch to e-mail delivery of your newsletter

Many of us get this newsletter by mail, printed on paper and delivered by the postal service. But a growing number of readers get this newsletter by e-mail. And these readers would probably tell you that they prefer e-mail to a paper copy. So here are the reasons for switching to e-mail delivery:

- Money - Saves NAMI money for printing and mailing.
- Time - Saves NAMI volunteer time (fewer copies to fold and address).
- Speed - Faster delivery right to your e-mail box.
- Colors - This electronic newsletter is quite colorful.
- Hot Links - Just click on the many links in the newsletter.
- Both - Get both, e-mail and paper copy of this newsletter.

Send me note at  
[webmaster@NamiPhoenix.org](mailto:webmaster@NamiPhoenix.org)  
and tell me you want to switch to  
e-mail delivery of your newsletter.  
Please tell me whether you are  
Phoenix or East Valley member.

## **nami** PEER★TO★PEER

★ ★ ★ ★ ★ **nami's Peer-to-Peer Recovery Education Course**

A series of nine (9) once-per-week classes structured to help individuals who are living with mental illness and interested in maintaining their wellness.

**This course is FREE.**  
Pre-registration is required

Information or to register, call:  
Contact Susan  
**602.244.8166**  
[SJunck@NamiAz.org](mailto:SJunck@NamiAz.org)

**Wednesdays**  
**10:00 am - noon**  
**April 14 - June 9, 2010**

**NAMI Arizona State Office**  
**5025 E. Washington St.**  
**Phoenix, AZ**



## Feedback Sought on DSM-5

Publication in May 2013 of the fifth edition of Diagnostic and Statistical Manual of Mental Disorders (DSM-5) will mark one of the most anticipated events in the mental health field. As part of the development process, the preliminary draft revisions to the current diagnostic criteria for psychiatric diagnoses are now available for public review and comment.

From the Treatment Advocacy Center:

“Effective mental health treatment begins with an accurate diagnosis — which is to say that it begins with the Diagnostic and Statistical Manual of Mental Disorders (DSM), a handbook for mental illness classification published by the American Psychiatric Association (APA). Since 1952, mental health professionals have relied upon the DSM to identify specific mental illnesses in their patients.

“From now until April 20, the APA is soliciting public feedback for recommendations to the new DSM-5. The interim version recognizes anosognosia, the inability to recognize one’s own illness, as a frequent feature of schizophrenia.

“The importance of including anosognosia in the DSM-5 cannot be overstated. Clinicians must understand that a severely mentally ill person who insists that nothing is wrong is not merely “in denial.” As stated in the DSM-IV-TR, “[t]his symptom predisposes the individual to noncompliance with treatment and has been found to be predictive of higher relapse rates, increased number of involuntary hospital admissions, poorer psychological functioning, and a poorer course of illness.”

Let the APA know that the DSM-5 should not only retain the recognition of anosognosia as a common feature of schizophrenia, but (consistent with current research) also acknowledge its frequent appearance in cases of bipolar disorder.”



Visit [www.dsm5.org](http://www.dsm5.org) to provide input on DSM-5



## CMHS scholarships for the 2010 NAMI convention

The Center for Mental Health Services is offering scholarship support to consumers of mental health services who wish to participate in the Annual Conference (in Washington DC on June 30 - July 3) sponsored by NAMI. The purpose of this scholarship is to foster the transformation of mental health care to focus on recovery. Scholarship info:

- The scholarships are only for mental health consumers who are U.S. Citizens.
- We estimate over 130 people will apply for scholarship funds. We expect CMHS will choose 25-30 recipients.
- Scholarships cover the convention registration fee. Travel and/or lodging costs may also be covered.
- No Fax or e-mail applications.
- Visit [www.NamiPhoenix.org](http://www.NamiPhoenix.org) to download the application form.



Deadline: application must be post-marked by April 09, 2010

Jackee Williams, CMP  
Senior Conference Manager  
AFYA, Inc.  
8101 Sandy Spring Road, Suite 301  
Laurel, MD 20707  
301.957.3040 x263

# Website Provides Latest Disability News

[www.DisabilityScoop.com](http://www.DisabilityScoop.com)

From White House exclusives to in-depth interviews tackling hot-button issues like IEPs, medication, behavior and more, Disability Scoop sifts through the clutter to provide vital information and resources for anyone dealing with mental health issues.

Here's a sampling of the most popular stories on Disability Scoop:

- Behavior, Taming The 800-Pound Gorilla
- Speak Up: Your Guide To Self-Advocacy
- Top White House Aide Talks Disability Policy
- Transition, It's A Brave New World

Don't miss out. Check out

[www.DisabilityScoop.com](http://www.DisabilityScoop.com) for all the latest news, information and tips. While you're there, be sure to register for eMail News to get the latest news sent straight to your inbox every week, all for free.



## NAMI Website with useful Information for Young

[www.StrengthOfUs.org](http://www.StrengthOfUs.org) is an online community designed to empower young adults through resource sharing and peer support and to build connections for those navigating the unique challenges and opportunities in the transition-age years. StrengthofUs provides opportunities for you to connect with your peers and offer support, encouragement and advice and share your real world experiences, personal stories, creativity, resources and ultimately, a little bit of your wonderful and unique self.



Topics areas include:

- Taking Charge
- On Our Own
- Campus Life
- Relationships
- Educate Yourself
- Friends and Family
- Express Yourself

### Location Change!

**Family & Peers Support Group**

**1st & 3rd Mondays  
6:00 - 7:30 pm**

**San Tan Clinic  
1465 W. Chandler Blvd. - Bldg A  
Chandler, AZ**

## NAMI Basics Class About Adolescents



A series of six (6) once-per-week classes for parents / care-givers of teens and adolescents living with mental illness.

**This course is FREE.  
Pre-registration is required**

Information or to register, call:  
Contact Susan  
**602.244.8166**  
[SJunck@NamiAz.org](mailto:SJunck@NamiAz.org)

**Tuesdays  
6:00 - 8:30 pm  
May 4 - June 8, 2010**

**E. McDowell Rd &  
Hayden Road  
Scottsdale, AZ**

NAMI Phoenix is proud to offer this class for the first time in Maricopa County!

# Special Thanks to Our Generous NAMI Walks Sponsors

NAMI Arizona and the Valley NAMI affiliates wish to thank each and everyone of you for all your hard work! It is the dedication and support of all of you that allow us to continue to be Arizona's Voice on Mental Illness.

A special thanks to our Corporate and Organization Sponsors who are a critical element of the success of NAMI Walks.



**Family Support Group  
for  
Co-Occurring Disorders  
(Mental Illness plus Substance Abuse)**

Please join the facilitators  
Mary Robson and Amal Mullin-Hull  
for the first meeting!

**New Support Group!**

**Tuesday  
6:30 - 8:00 pm  
April 13, 2010**

**NAMI Arizona State Office  
5025 E. Washington St.  
Phoenix, AZ**

## Letters to the Editor

Dear Editor:

Laurie Roberts (AzCentral.com) had a wonderful column some weeks ago on the disgraceful practice of payroll lenders. I informed her at that time that not only are there companies that fall into that category, but big banks do as well.

Wells Fargo is one of them. I am the parent of a disabled adult son who has availed himself many times of Wells Fargo's Payroll Advances. He works only part-time and his earnings are supposed to be paying for his food, rent and incidentals. There are many paydays when he doesn't receive money, but owes the bank for those loans. When a bank is aware of how much the individual

receives approximately each payday, and then lets him take payroll advances to double of that amount --- in my opinion that is criminal. Yes, I know that he could close the account, but our consumers don't think that way --- this is like going to an ice cream store and not having to pay for it right away.

I, and many of my NAMI friends, want this practice stopped. It is taking advantage of a group of people in our society who can't reason that those loans are not a good thing --- they may have to go without food, or worse, may not be able to pay their rent and become homeless.

Helga A. Wilson

Contact Magellan of Arizona  
24 hours a day, 7 days a week

Member Services **800.564.5465**  
TTY: 800.424.9831

Behavioral Health Crisis Line **800.631.1314**

Fraud & Abuse **800.755.0850**

## Become a NAMI Phoenix or East Valley Member Today!

### How Can Members Help?

- ✓ Ask a friend to join NAMI or give them a gift of membership.
- ✓ Join our NEW advocacy committee.
- ✓ Solicit a corporate donor.
- ✓ Make a donation.
- ✓ Volunteer to serve on a Committee.
- ✓ Visit our Volunteer page on our website for other opportunities.

### NAMI Membership —

- ✓ Increases revenues for our programs and services
- ✓ Gets our collective voices heard by the community.
- ✓ Creates numerical power for legislative issues.
- ✓ Executes the primary NAMI functions of: support, education, research & advocacy.

## NAMI Phoenix or East Valley Membership

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### NAMI Phoenix

- \$35 - Individual / Family       New  
 \$3 - Open Door                       Mil. Veteran

Please make checks payable & mail to:  
NAMI Phoenix, 10810 N. Tatum Blvd., #102, PMB 325.  
Phoenix, AZ 85028

### NAMI East Valley

- \$35 - Individual (1 vote)       New  
 \$60 - Family (2 votes)               Mil. Veteran  
 \$3 - Open Door

Please make checks payable & mail to:  
NAMI East Valley, P.O. Box 27244, Tempe, AZ 85285

