



Summary of Direct Support and Specialty Services

The following document contains a list of the community-based, direct support and specialty providers with a brief description of the services offered through *Magellan Health Services*. These services are available to TXIX and XXI children enrolled with a Children’s Provider Network Organization (PNO). All services should be coordinated through the Child and Family Team in accordance with the Arizona Vision and 12 Principles. Please contact agencies to verify service availability.

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Direct Support Providers

MMWIA Providers

A New Leaf

Parents and Children Teaming Together - MMWIA

This program is designed to deliver in-home/community-based support and rehabilitative behavioral health services to all children and families through the age of 17. This program strives to keep children and families together and to support the children in achieving success in school, avoiding delinquency and becoming stable and productive members in their community. Our program is directed by the Child and Family Team and operates under the 12 Principles of the Arizona Model. The PACTT program at A New Leaf houses a diverse team of community support workers to provide the individualized support needed to accomplish a variety of goals laid out by each Child and Family Team. In an effort to meet the unique needs of the families we work within Maricopa County, we collaborate with each family team to tailor the type, frequency, and the duration of services in order to best fit the family’s culture, needs and schedules.

These services include but are not limited to:

- Emotional management training
- Positive behavior support
- Family support and positive parenting coaching
- Community integration practices
- Social, living and communication skills training and development
- Medication education
- Self regulation and decision skills
- Self sufficiency skills
- Self expression skills
- Conflict resolution skills
- Ongoing assistance to attain and enhance natural supports
- Health promotion and education

For referrals please contact:

Tammy Hirsch, Clinical Supervisor
East Valley/West Valley
Cell: 480-560-1868
Office: 480-969-6955/623-934-1991
Fax: 480-898-0705

*Contract held with QCN for FY12.

Arizona Youth and Family Services

Agency provides in-home and community-based direct support services for children age’s 4 through 17 who have behavioral health or developmental needs and their families and/or caregivers. This agency focuses on returning youth to their home or preventing admission to an out-of-home placement. This program operates under a “no reject, no eject” policy. The specific services provided will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT). Transportation will also be provided, as needed, to meet treatment goals. This agency will have a variety of options for customizing the type, frequency and amount of services provided. These services include but are not limited to Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training; Behavioral Health Prevention/Promotion Education and Medication



Training and Support Services; Psychoeducational Services and Ongoing Support to Maintain Employment and Support Services; Case Management; Personal Care Services; Home Care Training Family (Family Support); Unskilled Respite Care; and Transportation.

For referrals please contact:

Jennifer Sander

Jennifer.sander@azyfs.org

2702 North 3rd Street, Suite 2035

Phoenix, Arizona 85004

Office: 602-277-4833 x 301

Fax: 602-277-4820

*Contract held with PCN, QCN and SWN for FY12.

Child & Family Support Services, Inc. (CFSS)

Agency provides specialization in helping support needs for children to continue living in their homes or communities. CFSS works with children and families with complex behavioral, developmental, and/or emotional needs ages birth through 17. Services focus on the support needed to return children from formal settings such as hospitals, residential treatment centers, or detention settings back into their local communities. Our support is community based, we work in family homes, schools, local community centers, and other places most suited to the child and family. Our services are designed to be available when needed. Support availability includes evening and weekend hours. Transportation and assistance with self administration of medication is also provided. CFSS works with children, families and those who are important in their lives to create and implement plans that build off strengths to meet needs. CFSS employs a large pool of talented Direct Support Specialists with their own styles, personalities, age variations, interests and tools. With this pool of talent, we strive to find the best match for children and families with the goal to help children and families live lives of quality and dignity.

The services provided include but are not limited to Support and Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training; Behavioral Health Prevention/Promotion Education and Medication Training and; Psycho educational Services and Ongoing Support to Maintain Employment and Support Services; Case Management, Personal Care Services, Home Care Training Family (Family Support), Unskilled Respite Care, as well as Treatment Services such as Behavioral Health Counseling and Therapy.

For referrals please contact:

Stephanie Erickson LMSW

StephanieE@cfssinc.com

Children's Program Manager

4700 South McClintock, Suite 120

Tempe, Arizona 85282

Office: 480-635-9944 x 129

Fax: 480-635-9987

Website: www.cfssinc.com

*Contract held with PCN, QCN and SWN for FY12.

Touchstone Behavioral Health
WIT Program - MMWIA



Agency provides in-home and community-based direct support services for children age's birth through 17 who have behavioral health or developmental needs and their families and/or caregivers. This agency's focuses on returning youth to their home or preventing admission to an out-of-home placement. This program operates under a "no reject, no eject" policy. The specific services provided will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT). This agency will have a variety of options for customizing the type, frequency and amount of services provided. These services include but are not limited to Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training, Behavioral Health Prevention/Promotion Education and Medication Training and Support Services; Psychoeducational Services and Ongoing Support to Maintain Employment and Support Services; Case Management, Personal Care Services; Home Care Training Family (Family Support); Unskilled Respite Care; and Transportation.

For referrals please contact:

Craig Smith

Craig.Smith@touchstonebh.org

15648 N. 35th Ave.

Phoenix, AZ 85053

Office: 623-930-8705

Mobile: 602-361-7176

*Contract held with SWN for FY12.

Youth Evaluation & Treatment Centers

Project Next Step (PNS)

Agency provides a family and community centered intervention designed to enhance the stability and integrity of the family by keeping or returning the child to the home or least restrictive setting. The PNS template maximizes family performance system independence and personal responsibility by working with families and other stakeholders to create an individualized service plan for each family. PNS provides in home community based direct supports services for children that are high risk for out/home placement or are transitioning from a level 1 or 2 residential program. PNS is committed to the goal of minimizes the frequency, degree and intensity of out of home placement by providing timely and effective services to children and families in the home and community.

PNS works within the context of a child and family team and offers a variety of direct supports as developed in the families ISP. Most services are provided in the home and include behavioral management, family support, social and life skill development, case management and consultation to the CFT. Outcomes are based on successful resolution of specific goals as defined in ISP and family satisfaction surveys.

For referrals please contact:

Shannon Nordahl

snordahl@youthetc.org

4414 N 19th Ave

Phoenix, AZ 85015

Office: 602-285-5550 x 337

Fax: 602-285-5551

*Contract held with PCN, QCN and SWN for FY12.

[Other Direct Support Providers](#)

Arizona's Children Association

Agency provides in-home and community-based direct support services for children age's birth through 17 who have behavioral health needs, and their families/caregivers. The specific services provided will be tailored to the individual strengths and needs of the child and family/caregiver according to the plan created by the Child and Family Team. We have a pool of unique staff, many of whom are bilingual, have weekend and evening availability, and able to serve all of Maricopa county with a focus on the west valley. These services include but are not limited to; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training, Home Care Training Family (Family Support).

For referrals please contact:

Sonia Espinoza
2833 N. 3rd Street
Phoenix, AZ 85004
Office: 623-234-3733 x 2461
Cell: 602-696-4015
Fax: 602-234-1252 attn: Adonica

*Contract held with SWN for FY12.

Black Family and Child Services

Family Enhancement Program

Agency provides in-home and community-based direct support services for children age's birth through 17 who have behavioral health or developmental needs and their families and/or caregivers. The specific services provided will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT). Services include but are not limited to: Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training, Behavioral Health Prevention/Promotion Education and Medication Training and Support Services, Psychoeducational Services and Ongoing Support to Maintain Employment, and Support Services; Case Management, Personal Care Services, Home Care Training Family (Family Support), Unskilled Respite Care, and Transportation.

For referrals please contact:

Kamal Shaarawy
kms@bfcsfamily.org
1522 E. Southern Avenue
Phoenix, Arizona 85040
Office: 602-243-1773
Fax: 602-243-1483

*Contract held with SWN for FY12.

Chicanos Por La Causa, Inc. (CPLC)

CPLC's Centro De La Familia Outpatient Clinic provides in-home, community and clinic-based behavioral health services using the Arizona Child & Family Team model, including therapy, care management, and psychiatric support for youth aged 0-17 years and their families. Parenting, family therapy, and couples/relationship services are available to support family health and growth, through both the adult and youth programs. Youth and Adult Services are offered in a culturally aware environment, guided by the family voice and identified needs. Clinic based services are provided for adults aged 18+ to include



psychiatric support, individual therapy, trauma focused group, anger management group and substance abuse groups in both English and Spanish.

For referrals please contact:

Liz Ramirez
Liz.Ramirez@cplc.org
4602 W. Indian School, C-3
Phoenix, Arizona 85031
Office: 623-247-0464
Fax: 623-247-3875

*Contract held with PCN and SWN for FY12.

Family Support Resources, Inc.

Direct Support Services

Agency provides in-home and community-based direct support services for children ages birth-17 who have behavioral health or developmental needs and their families and/or caregivers. The agency utilizes a variety of options for customizing the type, frequency and amount of services provided and will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT).

These services include: in-home respite, living skills, peer support, and family support.

For referrals please contact:

Raegan Knight
rknight@fsrfamily.com
8037 N. 43rd ave.
Phoenix, AZ 85051
Office: 623-931-9300 x 318
Mobile 602-290-8789
Fax 623-931-9691

or

Ann Marie Clemmons
amjohnson@fsrfamily.com
Office: 623-931-9300 x 327

*Contract held with QCN for FY12.

New Hope of Arizona, Inc.

New Hope of Arizona, Inc. works with children and families with complex behavioral, developmental and/or emotional needs ages 3-18.

Agency provides a majority of services within the home and community of children and their families. Services that may be offered in the home/community include behavior support/coaching, individual and/or family counseling, in child's home.

New Hope of Arizona, Inc. partners with families, provider network organizations, and the community to provide quality interventions in a community based and family centered manner. Most services are provided in the home.

For referrals please contact:

Matthew Beaty, President/CEO
mbeaty@newhopeofarizona.com
12406 N. 32nd Street #101
Phoenix, Arizona 85032



Office: 602-535-5686 x 203
Fax: 602-535-5912
Website: www.newhopeofarizona.com

*Contract held with PCN for FY12.

Southwest Human Development
Family Support Program

The agency provides in-home and community-based direct support services for children, birth through seventeen (17), who have behavioral health diagnoses or developmental needs. Services are designed to include the child, their parents and/or caregivers, family members, teachers, and any community partners involved in the child's life. The services are tailored to the individual strengths and needs of the child and family according to the plan created by the Child and Family Team (CFT). The agency will use a variety of options for customizing the type, frequency, and amount of services provided. These services include but are not limited to: Development and Psychosocial Rehabilitation Living Skills Training, Behavior Coaching, Family Support, Parenting Skills Training, Independent Living Skills Training, Psychoeducational Services and Ongoing Support to Maintain Employment, Behavioral Health Education and Medication Training, and Crisis Prevention Education and Intervention. These services are supported by Case Management, Home Care Training, Unskilled Respite, and Transportation.

For referrals please contact:

Gwyneth E. Kelly
gkelly@swhd.org
2850 North 24th Street
Phoenix, Arizona 85008
Office: 602-266-3065 x 5450
Mobile: 602-527-5680
Fax: 602-468-3408

*Contract held with PCN, QCN and SWN for FY12.

Youth Advocate Program – (YAP)
Family Support Program

Agency will provide in-home and community-based direct support services for children who have behavioral health or developmental needs and their families and/or caregivers. The specific services provided will be tailored to the individual needs of the family according to the plan created by the child and family team (CFT). Agency will have a variety of options for customizing the type, frequency and amount of services provided. These services include but are not limited to Counseling Services: Provided in home or in the office by Master's Level BHP; Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training, Behavioral Health Prevention/Promotion Education and Medication Training and Psychoeducational Services and Ongoing Support to Maintain Employment as well as Support Services; Case Management, Personal Care Services, Home Care Training Family (Family Support), Unskilled Respite Care and Transportation. Bilingual/Bicultural staff available.

For referrals please contact:

Nicole Sivesind
NSivesind@yapinc.org
Arizona Family Support Program
4494 W. Peoria Ave., Suite #103
Glendale, AZ 85302



Office: 623-209-1510
Mobile: 602-501-9781
Fax: 623-209-1513

*Contract held with PCN, QCN and SWN for FY12.

Youth and Families First (YFF)

With the understanding of the Arizona 12 principles there is a great need to keep youth and families together and living within their natural living environment and community. Youth and Families First (YFF) is a family and community centered agency designed to enhance the stability and integrity of the family by keeping or returning the youth to their home or other least restrictive environment.

YFF's purpose is to empower family performance, system independence and personal responsibility by offering Skills Training and Development, Psychosocial Rehabilitation Living Skills Training, Behavioral Health Prevention, Promotion and Education, Psycho-Educational Services, Ongoing Support to Maintain Employment, Family Support, Unskilled Respite, and Personal Care Service in an individualized plan for each family. YFF targets youth who are currently struggling to maintain their current living environment or those who are to be discharged from a residential treatment facility or hospital. YFF works with male and female youth from 0-17 years old. We also specialize in working the LGBTQ community.

For referrals please contact:

Kourtney Stafford
kourtney.stafford@youthandfamiliesfirst.com
5540 W. Glendale Ave Ste. B106
Glendale, Arizona 85301
Office: 623-435-6840
Cell: 602-803-3902
Fax: 623-937-8502

*Contract held with QCN for FY12.

Specialty Providers

Assessment Services

Counseling & Consulting Services (CCS), a division of Community Providers of Enrichment Services (CPES)

Behavioral Counseling and Consulting

Is a community based agency providing a full range of behavioral counseling and consultation services to individuals with developmental disabilities and/or serious mental illness. CCS provides a wide variety of services, such as conducting a functional behavioral assessment; developing a behavior intervention plan; providing person center planning; as well as individual or family counseling for people of all ages.

Service Description:

Functional Behavioral Assessment (FBA) – is a problem-solving process for addressing problem behavior. An FBA looks beyond the behavior itself and focuses on identifying significant, social, affective, cognitive, and/or environmental factors associated with the occurrence (and non-occurrence) of specific behaviors. CCS consultants will go into the homes, schools, or anywhere the individual is to gather data to development the FBA.

Consultation Summary – is a summary of the FBA with recommendations for changing the target behavior.

Behavioral Intervention Plan (BIP) – is based on the understanding of “why” an individual is behaving in a particular way and what can be done to change the behavior to a more positive outcome while meeting the needs that particular behavior serves. A BIP can address issues such as aggression to self or others, property destruction, anxiety-related behaviors, etc.

Positive Behavioral Support (PBS) – is a person centered approach to development of quality programs that assist individuals and their teams in implementing positive replacement skills and interventions. We emphasize the attainment of improved emotional and behavioral regulation, functional competencies, increased safety, improved relationships, increased community participation and access to desired activities.

Individual, family and/or group Counseling – Specialized counseling services focus on behavior change and improved communication and enables the individual and/or family to develop productive coping skills, improve safety and increase positive social interactions.

For referrals please contact:

Nathan Lamberth, MA, LPC
Program Coordinator
1110 E. McDowell Rd.
Phoenix, AZ 85006
Office: 602-685-1940

Or

Joyce Gatson MA LPC
Clinical Manager
jgatson@cpes.com
Office: 602-685-1940x206

*Contract held with PCN, QCN and SWN for FY12.

Youth Evaluation and Treatment Centers

Functional Behavioral Assessment (FBA)

Effective in determining appropriate interventions for consumers dealing with significant behavioral problems; spectrum disorders, trauma and impulse control disorders.

Information for the assessment is collected in multiple environments (home, school and community) interviewing multiple caregivers; family members, teachers. Information is gathered, assessed and presented in 4-5 weeks on average.

Staff completing FBA's are highly trained and supervised by a Licensed BCBA who provides ongoing training, consultation and supervision.

For referrals please contact:



Armando Peelman
 Office: 602-285-5550 x 323
apeelman@youthetc.org

*Contract held with QCN; SCA with SWN and PCN for FY12.

DDD Specialist

Counseling & Consulting Services (CCS), a division of Community Providers of Enrichment Services (CPES)

Behavioral Counseling and Consulting

Is a community based agency providing a full range of behavioral counseling and consultation services to individuals with developmental disabilities and/or serious mental illness. CCS provides a wide variety of services, such as conducting a functional behavioral assessment; developing a behavior intervention plan; providing person center planning; as well as individual or family counseling for people of all ages.

Functional Behavioral Assessment (FBA) – is a problem-solving process for addressing problem behavior. An FBA looks beyond the behavior itself and focuses on identifying significant, social, affective, cognitive, and/or environmental factors associated with the occurrence (and non-occurrence) of specific behaviors. CCS consultants will go into the homes, schools, or anywhere the individual is to gather data to development the FBA.

Consultation Summary – is a summary of the FBA with recommendations for changing the target behavior.

Behavioral Intervention Plan (BIP) – is based on the understanding of “why” an individual is behaving in a particular way and what can be done to change the behavior to a more positive outcome while meeting the needs that particular behavior serves. A BIP can address issues such as aggression to self or others, property destruction, anxiety-related behaviors, etc.

Positive Behavioral Support (PBS) – is a person centered approach to development of quality programs that assist individuals and their teams in implementing positive replacement skills and interventions. We emphasize the attainment of improved emotional and behavioral regulation, functional competencies, increased safety, improved relationships, increased community participation and access to desired activities.

For referrals please contact:

Nathan Lamberth MA LPC
 Program Coordinator
 1110 E. McDowell Rd.
 Phoenix, AZ 85006
 Office: 602-685-1940
 Or

Joyce Gatson MA LPC
 Clinical Manager
jgatson@cpes.com
 Office: 602-685-1940x206

*Contract held with PCN, QCN and SWN for FY12.

Youth Evaluation & Treatment Centers

Autism Spectrum Services (SST)

The Spectrum Specialty Team (SST) Initiative is individualized and based on the unique needs of each child and family and follow the twelve principals of the Arizona model. Services begin by the development of a Comprehensive Service Plan approved by the Child and Family Team (CFT). The initial assessment includes a Functional Behavioral Assessment (completed by a Board Certified Behavioral Analyst) that defines the areas of greatest behavioral/ social deficits that the child is currently experiencing and recommended interventions. The service plan will also outline the duration, frequency and location of service provision. Throughout treatment, the BCBA will revisit the FBA and review findings with the Child and Family Team.

Services: Individual and family therapy is provided by trained and certified master level therapists. Highly trained Behavioral Coaches with two years of family centered coaching experience provide direct support services to families that include; Skills enhancement, communication, behavioral management, family / community support and case management. Medication management as needed will be provided by agency psychiatrists. The SST will work closely and collaboratively with the DDD team as needed.

Training: Spectrum staff will complete an initial intensive training program of 40 hours specifically focusing on spectrum disorders. The team is under the supervision of a BCBA. All Behavioral Coaches are or will be enrolled in the Northern Arizona University Positive Behavior Interventions and Support program.

Outcomes: Progress and program effectiveness will be measured using the following standardized tools: Assessment of Basic Language and Learning Skills (ABLLS), Autism Treatment Evaluation Checklist (ATEC) and Family Satisfaction Surveys.

For referrals please contact:

Shannon Nordahl

Office: 602-285-5550

snordhal@youthetc.org

*Contract held with PCN, QCN and SWN for FY12.

Community Based Respite and Other Support Services

Aid to Adoption of Special Kids –AASK

Agency provides in-home and community-based direct support services for children age's birth through 17 who have behavioral health or developmental needs and their families and/or caregivers. The specific services provided will be tailored to the individual needs of the child and family according to the plan created by the child and family team (CFT). The agency services include support services such as Unskilled Respite Care and Personal Care, and can be delivered in the families own home. There are also out-of-home respite options available in the homes of a select number of Direct Service Staff whose own homes have passed a DES inspection.

For referrals please contact:

Christine Sullivan

csullivan@aask-az.org

2320 North 20th Street

Phoenix, Arizona 85006



Office: 602-930-4494

Fax: 602-930-4594

*Contract held with QCN and SWN for FY12.

Devereux

Family (Community) Based Respite

Devereux Arizona is committed to providing the least restrictive and most appropriate services to individuals referred for care. Family based Respite is designed to provide short-term relief to primary care-givers (parents/guardians) of children (ages 0-17) with developmental, emotional, or behavioral needs.

Family Based Respite takes place in the home of a family that is trained to provide respite and provide activities in their home and/or in the community. Provider families are matched to the child(ren) based on the child(ren)'s needs prior to a respite stay. This respite is ideal for children who are more suited to a family setting and/or may have specialized needs. Family Based Respite can take place any time during the week for a few hours up to several days.

The goal of Respite care is to successfully provide an interval of rest for the client and his/her primary care-givers without disruption or compromise to the home placement. Respite care, when used appropriately, may reduce the utilization of more intensive services and can help maintain the placement of the child(ren) in the home.

For referrals please contact:

Allen Young BS, Program Coordinator

ayoung3@devereux.org

6411 E. Sweetwater Ave

Scottsdale, AZ 85254

Office: 480-822-6175

Fax: 602-896-2580

*Contract held with SWN for FY12.

Facility Based Respite

Devereux

Devereux Arizona is committed to providing the least restrictive and most appropriate services to individuals referred for care. Facility based Respite care is designed to provide short-term relief to primary care-givers (parents/guardians) of children (ages 4-17) with developmental, emotional, or behavioral needs.

Facility Based Respite is best described as a camp atmosphere. Respite is provided in adjacent homes with trained staff supervision day and night. Activities are provided throughout the stay including excursions within the community.

The goal of Respite care is to successfully provide an interval of rest for the client and his/her primary care-givers without disruption or compromise to the home placement. Respite care, when used appropriately, may reduce the utilization of more intensive services and can help maintain the placement of the child(ren) in the home.



Hours of Operation
 Friday 3pm - Sunday 6pm (overnight)
 Saturday 8am-8pm (Day Only)
 Sunday 8am-6pm (Day Only)
 Summer Hours: TBA

For referrals please contact:

Iliamari Vazquez BA, Program Supervisor
azrespite@devereux.org
 6411 E. Sweetwater Ave
 Scottsdale, AZ 85254
 Office: 480-634-2028
 Fax: 480-368-4671

*Contract held with PCN and SWN for FY12.

The New Foundation

Facility based Respite care is designed to provide short-term relief to primary care-givers (parents/guardians) for adolescents with emotional or behavioral needs. It provides a safe, time out for youth and families. All respite services can be provided on site or in the home. Facility Based Respite services are available for adolescents ages 11 to 17.

For referrals please contact:

The New Foundation Intake Line
 1200 North 77th Street
 Scottsdale, Arizona 85257
 480-945-330
intake@thenewfoundation.org

*Contract held with SWN for FY12.

Mentally Ill Kids in Distress – (MIKID)

Saturday Respite and Caregiver Support

Agency provides facility-based, **Saturday respite** for children birth-12 with behavior health needs. The program will be in operation all Saturdays except holiday weekends. The hours of the program will be from 8:30 a.m. to 5:30 p.m. or other days and times as determined by the needs of enrolled children and families.

Agency also provides family support in the form of parenting skills class for caregivers, on-going parent support group for caregivers of young children and parent mentor support to assist caregivers with unique problems or issues.

For referrals please contact:

Jessica Hackley
jessicah@mikid.org
 2642 E. Thomas Rd.
 Phoenix, AZ. 85016
 Office: 602-253-1240
 Fax: 602-253-1250

*Contract held with QCN and SWN for FY12

Support Services for Parent /Guardian & Family Members

Family Involvement Center (FIC)

FIC, a parent-run, non-profit organization, through our Family to Family Services Program, specializes in providing individualized parent-to-parent support, delivered by parents who have first-hand experience in raising a child with behavioral or emotional health needs, and/or substance abuse or developmental delays. FIC also provides support services for youth, employing Youth Mentors, who are young adults who have work and/or family experience in working with a child or youth with behavioral or emotional health needs, substance abuse or developmental delays. The services provided include but are not limited to Support and Rehabilitation Services; Peer Support, Living Skills Training, Behavioral Health Prevention/Promotion Education, Case Management, Home Care Training Family (Family Support), Unskilled Respite Care, as well as Treatment Services such as Behavioral Health Counseling and Therapy.

Support Services for Parents/Primary Caregivers

Peer parent-delivered support is provided by **Parent Partners** who provide or facilitate connections to informational, emotional and social support as well as offer assistance in navigating child-serving systems (Child Welfare, Juvenile Justice, Education and Developmental Disabilities) and community resources agencies and self-help groups. Our Parent Partners are biological or adoptive parents including grandparents with personal experience navigating child-serving systems. Our Parent Partners understand the journey of parents which often includes feeling overwhelmed or isolated and not knowing where to turn for assistance in meeting their child's needs, or feeling comfortable to address their own needs or those of other family members. FIC starts with providing a listening ear of another parent "who has walked the walk" and encourages and assists the parents in brainstorming and problem-solving with systems partners to meet their child's needs in schools, the community, with child-serving systems, as well as in social or family settings. Parent Partners build support plans for the parent/primary caregiver by exploring the strength and needs of the parent, and providing parent-to-parent support in the home, schools, at our Family Education Center or at other community locations as needed by the parent and Child and Family Team.

Our parent staff are representative of the families we serve with a large percentage being bi-lingual and of diverse multi-cultural backgrounds.

Parent Partners – Individualized peer parent-delivered support which is designed to achieve specific goals that have been identified by the parent/caregiver and are provided at times and in locations convenient to the parent.

For referrals please contact:

Betty Hurtado

Betty@familyinvolvementcenter.org

1430 East Indian School Road, Suite #235

Phoenix, Arizona 85014

Office: 602-412-4071

Fax: 602-391-1165

Parent Education and Support Groups

Family Education – Regularly scheduled weekly or monthly series for groups for parents, grandparents and primary caregivers, which are designed to positively affect the participant's knowledge, attitude and behaviors on behavioral health or substance abuse-related topics. Programs vary to include education

on skills to manage behaviors, medications, and symptoms, as well as to increase parent self-efficacy, improve stress management and overall well-being. Examples of Family Education Groups: Behavioral Building (an 8 week series), Strengthening Multi-ethnic Families Training: A Violence Prevention Training (a 13 week series), Child and Family Team Overview (a 6 week series) and Look Who's Talking for parents of children 0 – 5.

Support Groups – On-going Parent-led Support Groups where parents, grandparents and primary caregivers come together support each other, problem solve and expand their informal family support network. Current support groups include a Spanish Speaking Support Group and a General Support/Education System Support Group, which meet at FIC's Family Education Center. Also at the request of the parents, FIC may be available to assist in establishing support groups in other locations. FIC regularly solicits feedback from parents for future support groups or educational topics. Examples of support groups: Family Education Support Group and Hispanic Family Support Group

Registration is required as space is limited. Limited Child Watch or Child/Youth Activities are also provided.

To register call the Parent Assistance Line (PAL) to register at 602-288-0155 or e-mail PAL@FamilyInvolvementCenter.org

Parent Assistance Line/Center (PAL)

Telephone: 602-288-0155

Our telephone support line is offered weekdays from 8:30 – 5 p.m. except holidays. PAL is staffed by parents/caregivers with first-hand experience with the behavioral health system and other child-serving agencies. They utilize first-hand experience gained in raising a child with behavioral health needs to respond to parents' questions regarding behavioral health topics or services and community resources. PAL staff also assist parents in navigating the behavioral health and/or other child-serving systems, and assist them to connect with other parents through formal groups or informal family networks in the community. PAL staff also assist callers seeking information on behavioral health services by connecting them with the Maricopa County Behavioral Health System, and providing other assistance to help them get enrolled in child parent-serving programs.

*Contract held with PCN, QCN and SWN for FY12.

Mentally Ill Kids in Distress – (MIKID)

Family Support Services

Agency provides flexible, community-based services for parents, caregivers, other identified family members and children in individual or group settings utilizing the skills and experiences of family members who have had children in the behavioral health system. Services will include, but are not limited to Rehabilitation Services; Skills Training and Development and Behavioral Health Prevention/Promotion, and Support Services; Home Care Training Family (Family Support) and Transportation.

Staff has skills to work with specific populations including DES/CMDP youth, children birth to five, children transitioning from out-of-home placements, youth transitioning to adulthood, and Latino youth and families.

Kinship Support Services

Agency provides flexible, community-based services for parents, caregivers, other identified family members and children in individual or group settings utilizing the skills and experiences of family members who have had children in the behavioral health system. Services will include, but are not limited to Rehabilitation Services; Skills Training and Development and Behavioral Health



Prevention/Promotion, and Support Services; Home Care Training Family (Family Support) and Transportation.

Staff has skills to work with specific populations including DES/CMDP youth, children birth to five, children transitioning from out-of-home placements, youth transitioning to adulthood, and Latino youth and families.

For referrals please contact:

Jessica Hackley

jessicah@mikid.org

2642 E. Thomas Rd.

Phoenix, AZ. 85016

Office: 602-253-1240

Fax: 602-253-1250

*Contract held with QCN and SWN for FY12.

Devereux of Arizona

Triple P Program

Triple P is a Parenting Program for parents of enrolled children, ages 5-12 within the Provider Network (QCN).

Triple P is Proven To:

- Reduce Physical Aggression and Outbursts
- Building Positive Communication
- Promote Pro-Social Development
- Manage Misbehavior through Positive Reinforcement

Details of the Program:

12 weeks of group sessions (2 hours, 1x weekly) Sessions build upon the last to provide parents with strategies, techniques and skills that will work in real-life parenting situations.

In-home parent coaching (40 minutes 2-4x weekly) is also available.

For referrals please contact:

Adriana E. Escársega, MSW

Clinical Coordinator

2320 W. Peoria, Ste B-145

Phoenix, AZ 85029

Phone: 602-944-6222

Fax: 602-944-3534

aescarse@devereux.org

*Contract held with QCN for FY12.

Peer Support Services

Family Involvement Center

Youth Support Services

Youth Mentors - Individualized young adult-delivered support which is designed to achieve specific goals that have been identified by the child/youth and his/her parents within the Child and Family Team process, and provided at times and in locations convenient to the child and family.

FIC employs young adults, Youth Mentors, who have demonstrated talent and commitment to building trusting and supportive relationships with youth who have behavioral health, substance abuse or other at risk behaviors. The focus of our youth services is to increase the living skills of youth to increase their positive connections and involvement with other youth and community groups. Our youth support workers all have significant work and/or family experience with substance-abuse recovery, the behavioral health, juvenile probation, child welfare or education systems.

The Youth Mentor and Parent Partners are often assigned to the same family with the Youth Mentor providing support to the enrolled child or youth in collaboration with a Parent Partner who is providing parent- to-parent support services.

For referrals please contact:

Betty Hurtado

Betty@familyinvolvementcenter.org

1430 East Indian School Road, Suite #235

Phoenix, Arizona 85014

Office: 602-412-4071

Fax: 602-393-1165

Gayle Wiler

Gayle@familyinvolvementcenter.org

1430 East Indian School Road, Suite #235

Phoenix, Arizona 85014

Office: 602-412-4091

Fax: 602-391-1165

Youth Skill Development and Social Support Groups – Young adult/youth-led education series and groups are offered regularly with a focus on positively affecting the youth’s knowledge, attitude and behavior on behavioral health and substance abuse topics, and enhancing living skills development. Examples of groups currently offered or available upon request are:

Prison Break - an 8 week series focusing on decreasing self-defeating behaviors

SIBshops - for brothers or sisters receiving behavior or substance abuse services – the frequency and number of weeks vary

Summer Connections (or other school break sessions) - the frequency and number of weeks varies

Registration is required as space is limited. To register call the Parent Assistance Line (PAL) to register at 602-288-0155 or e-mail PAL@FamilyInvolvementCenter.org

*Contract held with PCN, QCN and SWN for FY12.

Substance Abuse Services

American Indian Prevention Collation

Substance Abuse Services - 7 Challenges Curriculum, Wellbriety Curriculum, Reconnecting Youth Curriculum



NDNS4WELLNESS offers home based, or in office culturally respectful prevention, educational and counseling services to youth (ages 5 to 18) and their families. The out- patient programs include individual, family and group counseling. Culturally sensitive psychological evaluations are also available. Counselors will meet clients in their homes, in their school setting, or in our office, depending on the needs of the family and children.

Counselors

All of our counselors are master or doctoral level therapist with a broad range of behavioral health training including Substance Abuse treatment, CBT, Narrative, strength based solution focused, and Trauma Focused CBT. All therapists are competent in treating most childhood and adolescent behavioral health needs.

For referrals please contact:

Barbara W. Brown, LPC
 Doctor of Behavioral Health
 Clinical Supervisor

Fayette Lee
 Intake Specialist/Case

Manager

Down Town Campus IOP and Circle of Health School
 602-424-1600 ex 1204
bbrown@aipcaz.org

602-1600 ex 1210
flee@aipcaz.org

Emilie Karlin, PhD
 Clinical Psychologist
 Clinical Supervisor of Home Based IOP Services
 602-501-1502
ekarlin@aipcaz.org

*Contract held with PCN for FY12.

Bayless and Associates

Bayless and Associates Intensive Substance Abuse Program

Bayless and Associates provides substance abuse treatment services to youth and families (ages 12 to 17). Our program seeks to reduce relapse opportunities by engaging the youth and family in meaningful ways that promote: 1) trusting relationships between youth and staff, 2) productive relationships with participating adults and caregivers, 3) attainable expectations for success, 4) individualized services according to level of need, and 5) educating participating adults and caregivers on substance abuse and dependence issues among our youth.

Program Components:

1. Evaluation and screening
2. Individualized service planning
3. Home-based individual and family therapy
4. Intensive relapse prevention support
5. Community connections to existing programs and supports

For referrals please contact:

Julie Garcia, Substance Abuse Coordinator
jgarcia@baylessassociates.com
 Office: 602-230-7373 ext 217
 Fax: 602-230-5105



*Contract held with SWN for FY12.

EMPACT

TSAT - Teen substance Abuse Treatment

TSAT is a four month program Intensive Outpatient Substance Abuse Program (IOPSA) for mental health and substance related disorders. The program offers group counseling three times per week. Staff transports. Family group night is held one time per month. Bi-monthly oral swab drug screening. 2 weeks after a client begins, a CFT meeting is held to gather all natural supports together and set up an individualized treatment plan for the client and family based on client/family strengths and needs. The program serves adolescents ages 12 – 17. TSAT is located the following locations:

EMPACT-SPC Glendale
4425 W Olive Ave #194
Glendale, AZ 85302

EMPACT-SPC Tempe
1232 E Broadway Rd #120B
Tempe, AZ 85282

For referrals please contact:

Erik Shaffer, Manager of Substance Abuse Services
480-784-1514 X1215

Erik.shaffer@empact-spc.com

or

Nathan Lamberth, S A CC
480-784-1514 X1009

Nathan.lamberth@empact-spc.com

*Contract held with PCN for FY12.

Ebony House

Adolescent Substance use Treatment & Prevention Program

The program provides individual therapy sessions (weekly, bi-weekly or monthly as determined by service plan), CFT and wrap around services, and intensive or standard outpatient groups using workbooks. The program serves adolescents ages 13– 17. TSAT is located at Ebony House on 6222 S. 13th Street, Phoenix, AZ 85042.

For referrals please contact:

The Ebony House Intake Line
602-254-6137

*Contract held with PCN for FY12.

Jewish Family & Child Services

Adolescent Community Reinforcement Approach (A-CRA)

A-CRA is a behavioral intervention that seeks to replace environmental factors contributing to substance abuse with pro-social activities and behaviors supportive of recovery. This approach includes sessions with the adolescent alone, with the caregiver alone, and with adolescents and caregivers together. The program can work with adolescents who do not have involved caregivers. A-CRA is not strictly an

abstinence model; treatment goals related to reduction in substance use are mutually determined with the adolescent. National studies indicate effectiveness with Native American and Latino youth. Average number of sessions per adolescent is 18 to 22.

Priority Populations: Services through this project are prioritized to the following populations of youth with substance abuse issues: pregnant or parenting adolescent females; adolescents involved in the juvenile justice system; Latino and Native American youth. All services are for Title XIX/XXI and Non-Title XIX/XXI eligible adolescents.

For referrals please contact:

JFCS Customer Service & Referral Center
Office: 602-256-0528
Fax: 602-254-8611

*Contract held with QCN for FY12.

Native American Connections

Intensive Outpatient Substance Abuse Program (IOPSA)

Native American Connections provides Cultural and Traditional Healing Services, Behavioral Health and Intensive Outpatient Substance Abuse Treatment program available to teens 13-17. Native American Connections has provided an integrated and holistic continuum of culturally relevant programs and services to urban natives in Maricopa County and tribal communities throughout the southwest for 35 years. The program is located at 4520 N. Central Ave Suite 100, Phoenix, Arizona 85012 (602) 424-2060

For referrals please contact:

Kristin Lewis
Intake and Assessment Clinical Supervisor
Office: 602-424-2060
Fax: 602-424-1623

*Contract held with PCN and SWN for FY12.

Southwest Behavioral Health Services

Intensive Outpatient Chemical Dependency Group

This is an intensive Outpatient Substance Abuse Program. The program focuses on the individual in gaining freedom and strength by learning how to control their thoughts since they decide our behaviors and actions. The program serves adolescents ages 13–17. The program is located at Southwest Out Patient Clinic at 1255 West Baseline Rd Mesa, AZ 85202.

For referrals please contact:

Kathy Garbacz
Office: 480.456.2540
Fax: 480.775.3758
kathyg@sbhservices.org

*Contract held with SWN for FY12.

Valle del Sol

Intensive Outpatient Substance Abuse Program (IOPSA)



This is a 36 Session, 12 week Intensive Outpatient Treatment Group. The group meets from 5:00p-8:00p on Monday, Wednesday and Thursday. They have 2 groups and weekly NA/AA meetings. The program serves adolescents ages 13–17. The program is located at The program serves adolescents ages 0–17. The program is located at 2302 N. 7th Street, Phoenix, AZ 85006.

For referrals please contact:

Dawn Whittington
1021 S. 7th Ave
Phoenix, AZ 85007
Office: 602-258-6797 x 606
dawnw@valledelsol.com

*Contract held with QCN for FY12.

Youth Evaluation & Treatment Centers

Intensive Outpatient Substance Abuse Program (IOPSA)

An open ended Coed outpatient group therapy that meets 3 xs per week for 3 hours; Ages 12-17 who have an Axis1 diagnosis and a history of serious substance abuse problems. Services offered include group therapy and education 3 xs per week for 3 hours, multi family support 1x per week for 1.5 hrs, Individual/family counseling and direct supports as needed.

The goal is for participants to acquire the knowledge and necessary skills to choose a drug free life style. The curriculum is the Seven Challenges which is nationally recognized and focuses on decision making and personal empowerment. Planned discharges are based on all or most of treatment/services are met and discharge is agreed to by the CFT. The following issues are addressed in group: substance abuse, relapse prevention, emotional and behavioral concerns, family dynamics, educational issues, life skills, and independent living.

Emergency Safety Response if needed is initiated by staff trained in a nationally recognized training program in crisis intervention. Outcomes are measured according to service plan objectives that include the client to demonstrate a decrease in substance use, emotional/behavioral problems and/or to function independently in their natural setting.

For referrals please contact:

Rebecca Duffy
rduffy@youthetc.org
Office: 602-285-5550 x 318

*Contract held with QCN, PCN and SWN for FY12.

Birth to Five Services

Chicanos Por La Causa, Inc. (CPLC)

CPLC's Centro De La Familia Outpatient Clinic provides in-home and community & clinic-based behavioral health services using the Arizona Child & Family Team model, including therapy, care management, and psychiatric support for youth aged 0-17 years and their families. Specialized treatment services are available for birth to five children, focusing on parent-child attachment, child communication, parent responding, and supports the family with early intervention strategies. Services are offered in a culturally aware environment, guided by the family voice and identified needs. Parenting,



family therapy, and couples/relationship services are available to support family health and growth, through both the adult and youth programs.

For referrals please contact:

Liz Ramirez

Liz.Ramirez@cplc.org

Centro De La Familia Outpatient Clinic

4602 W. Indian School Rd, Ste C-3

Phoenix, AZ 85031

Office: 623-247-0464

Fax: 623-247-3875

*Contract held with PCN for FY12.

Child Crisis Center – East Valley, Inc.

The Child Crisis Center offers counseling services to children birth through age seventeen and their families. A variety of treatment modalities are available, including play therapy, individual therapy, family therapy, animal assisted interventions, and therapies focusing on strengthening parent-child relationships. Specialized services are also available in the following areas: birth to five, child abuse and neglect, foster care and adoption, and attachment and bonding. A training series focusing on trauma and attachment issues is also available to families.

For referrals please contact:

Dina Halsey, Director of Clinical Services

170 W. University Drive, Mesa, Arizona 85201

Phone: 480-222-0194

Fax: 480-834-9195

dina.halsey@childcrisis.org

*Contract held with SWN for FY12.

Christian Family Care Agency, Inc.

CFCA specializes in treating children with attachment issues, early abuse and neglect, and childhood trauma. Has expertise in foster care and adoption issues. Provides early intervention services. Uses directed family play therapy which includes, EMDR, Parent Child Interaction Therapy, Theraplay®, art therapy, sand tray and a variety of expressive therapies. Provides families in therapy with a variety of supports including family support, living skills, and respite.

For referrals please contact:

Intake worker

Christina O'Donnell

Codonnell@cfcare.org

3603 North 7th Avenue

Phoenix, Arizona 85013

Office: 602-234-1935 x 156

Fax: 602-234-0022

*Contract held with QCN for FY12.



Southwest Human Development

Family Support Program

The agency provides in-home and community-based direct support services for children, ages birth through seventeen (17), who have behavioral health diagnoses or developmental needs. Services are designed to include the child, their parents and/or caregivers, family members, teachers, and any community partners involved in the child's life. The services are tailored to the individual strengths and needs of the child and family according to the plan created by the Child and Family Team (CFT). The agency will use a variety of options for customizing the type, frequency, and amount of services provided. These services include but are not limited to: Development and Psychosocial Rehabilitation Living Skills Training, Behavior Coaching, Family Support, Parenting Skills Training, Independent Living Skills Training, Psychoeducational Services and Ongoing Support to Maintain Employment, Behavioral Health Education and Medication Training, and Crisis Prevention Education and Intervention. These services are supported by Case Management, Home Care Training, Unskilled Respite, and Transportation.

For referrals please contact:

Gwyneth E. Kelly

gkelly@swhd.org

2850 North 24th Street

Phoenix, Arizona 85008

Office: 602-266-3065 x 5450

Mobile: 602-527-5680

Fax: 602-468-3408

***For Questions or Consultation for Children Birth to Five, contact:** Birth to Five Helpline - 1-877-705-KIDS

*Contract held with PCN, QCN and SWN for FY12.

Gender Specific Services

Chicanos Por La Causa, Inc. (CPLC)

CPLC's Centro De La Familia Outpatient Clinic provides therapeutic group intervention for girls aged 8 through 17, with a focus on serving minority girls in the community. The program utilizes gender-specific group intervention and is open to all girls regardless of race enrolled across the PNOs. The groups also focus on the development of healthy and caring authentic relationships, with a group process that allows the girls to practice healthy choices in their interactions within the group. Experiential and expressive art therapies provide a healing environment that supports appropriate gender activities and development, and creates a safe environment where girls may focus on realizing their full potential. The weekly groups enroll 10-20 girls, are held in 10-12 week cycles, depending on the age of the girls in the group, and are held at the CPLC clinic and other locations in Maricopa County.

For referrals please contact:

Latoya DeJesus

Latoya.DeJesus@cplc.org

4602 W. Indian School Rd, Ste C-3



Phoenix, AZ 85031
 Office: 623-247-0464 x 3133
 Fax: 623-247-3875

*Contract held with PCN, QCN and SWN for FY12.

Trauma and Attachment

Christian Family Care Agency, Inc.

CFCA specializes in treating children with attachment issues, early abuse and neglect, and childhood trauma. Has expertise in foster care and adoption issues. Provides early intervention services. Uses directed family play therapy which includes, EMDR, Parent Child Interaction Therapy, Theraplay®, art therapy, sand tray and a variety of expressive therapies. Provides families in therapy with a variety of supports including family support, living skills, and respite.

For referrals please contact:

Intake worker
 Christina O'Donnell
Codonnell@cfcare.org
 3603 North 7th Avenue
 Office: 602-234-1935 x 156
 Fax: 602-234-0022

*Contract held with PCN, QCN and SWN for FY12.

Child Crisis Center – East Valley, Inc.

The Child Crisis Center offers counseling services to children birth through age seventeen and their families. A variety of treatment modalities are available, including play therapy, individual therapy, family therapy, animal assisted interventions, and therapies focusing on strengthening parent-child relationships. Specialized services are also available in the following areas: birth to five, child abuse and neglect, foster care and adoption, and attachment and bonding. A training series focusing on trauma and attachment issues is also available to families.

For referrals, please contact:

Dina Halsey, Director of Clinical Services
 170 W. University Drive
 Mesa, Arizona 85201
 Phone: 480-222-0194
 Fax: 480-834-9195
dina.halsey@childcrisis.org

*Contract held with SWN for FY12.

ChildHelp

This agency will provide specialized treatment services for children experiencing trauma/attachment and sexually reactive issues. The services are provided to child abuse victims and their families. Therapists work with children ranging in age from three to eighteen years, and also are available to work with other family members when deemed appropriate. Spanish-language counseling services are available.

For referrals please contact:



Childhelp
 2346 N. Central Avenue
 Phoenix, Arizona 85004-1329
 Phone: 602-271-1329
 Fax: 602-282-0102

*Contract held with SWN for FY12.

The Resolution Group
Treatment for Victims

The Resolution Group offers individual and family treatment for victims (ages 3 to 18 years) of sexual abuse, physical abuse, and neglect. Therapists specialize in:

- forensically informed treatment interventions with open investigations
- individual victim treatment addressing guilt, shame, feelings of responsibility as a result of the abuse history or the impact of the disclosure
- individual / family treatment regarding safety and prevention
- P.E.A.K.S. (psychoeducational group for non-offending caregivers)
- clarification / reunification sessions (if and when deemed appropriate)
- for families with child victims and juvenile offenders
- social skill building groups addressing, social delays, difficulties in interpersonal relationships, and anger management

For referrals please contact:

Denise Thompson
dthompson@trzg.net
 460 N. Mesa Drive, #201
 Mesa, AZ 85201
 Office: 480 962-9288
 Fax: 480 962-1293

*Contract held with PCN, QCN and SWN for FY12.

Sexual Behavior

A New Leaf

Open Arms Program

Open Arms offers customized treatment for youth ages 8-17 to address the different needs/levels of acuity for youth exhibiting maladaptive sexual interests and behaviors including, but not limited to: sexual perpetrating, sexual reactivity, sexual acting out related to a history of being sexually abused, inappropriate touch, promiscuity, and poor boundaries. The program utilizes three primary components: in-home individual/family counseling, group counseling and mentoring. The type, frequency and amount of services are customized to meet family needs. Open Arms partners with the child and family to help them attain their goal of living together safely and productively by overcoming harmful behaviors and to thrive with in-home support and therapy.

Individual and group counseling are focused on reducing and/or terminating maladaptive sexual interests/behaviors by creating an understanding and awareness of self and family, management of sexual thinking, learning to meet emotional needs through appropriate attachments and relationships, and processing of the core belief systems. Group counseling is designed for youth who offend sexually and not sexually reactive. Family counseling is focused on rebuilding a connection between family and



client, educating parents about supervision, educating victims (if in the home) and teaching those in the home to express fears/perception of potential danger and sexual behavior. Mentoring is focused on safety planning/relapse prevention and provides youth with opportunities to explore and practice positive thinking, self-esteem, relationships, school performance and appropriate social interactions. Youth are assisted in developing skills to function safely in the community and to function responsibly in society.

Open Arms collaborates with other agencies to meet the complex needs of these youth and families. The target population includes youth who are at high risk for out-of-home placement or who are transitioning from a residential program to home, kinship, or foster care setting.

For referrals please contact:

Mandy Tuitavuki, Director of Admissions
mtuitavuki@turnanewleaf.org
 960 N Stapley
 Mesa, AZ 85203-8041
 Cell: 480.650.9490
 Fax: 480.733.3076

*Contract held with PCN, QCN and SWN for FY12.

Bayless and Associates

Bayless and Associates Sexual Behavior Treatment Program: Bayless and Associates establishes an individualized approach to working with children and families seeking sexual behavior treatment. Our program works with a broad array of clinical and treatment management issues which include: community protection, interagency cooperation, assessment, and treatment.

For referrals please contact:

Mayela Cadenas- Executive Administrative Assistant
mcadenas@baylessassociates.com
 Office: 602-230-7373 ext 230
 Fax: 602-230-5105

*Contract held with SWN for FY12.

Touchstone Behavioral Health

Multisystemic Therapy for Problem Sexual Behaviors (MST-PSB)

Multisystemic Therapy for Problem Sexual Behaviors (MST-PSB) is an exciting new evidence-based program for juveniles (ages 10-17 ½) presenting with problem sexual behaviors. It is currently the only program with clinical trials that show lowered recidivism for both sexual and nonsexual crimes, as well as fewer days out of home or in placement. The program is designed to work with youth who are in a home setting with at least one identified caregiver. MST-PSB Therapists meet with youth and families in the community, in homes, schools and neighborhoods to encourage success in the youth's natural environment for the long term. Therapists typically meet with families three to four times each week and are on-call 24/7. MST-PSB relies heavily on family therapy as a mechanism of change for the youth and family, and also draws on models of parent training, cognitive-behavioral therapy, and social skills building. Utilization of family-based clarification work is an extremely powerful way to encourage sustainable change of both the youth and the family environment. Ensuring client, victim and community safety is a paramount mission of the model. Extensive assessment and planning underlie the individualized safety plan of every youth and family.



For referrals please contact:

Referral hotline: 602-732-4979/ Fax: 602-732-5477

Ebp.referral@touchstonebh.org

Kimberly Egan

Kimberly.egan@touchstonebh.org

4614 E. Shea Blvd Ste D-250

Phoenix, AZ 85028

Office: 623-692-7409

*Contract held with PCN, QCN and SWN for FY12.

The Resolution Group

Treatment for Sexual Offenders

Agency provides outpatient counseling services and testing for youth sex offenders residing at home, living in a foster or group home, or coming out of residential placement. Services include individual, family and group counseling focusing on the sex offense cycle, high risk behaviors, empathy building, anger management, relapse prevention, social skill development with family and victim reunification.

Polygraphs services include sexual history, specific issue, maintenance and monitoring as needed.

The Resolution Group offers The Abel Assessment *for sexual interest-2*TM (AASI-2). The Abel Assessment is a comprehensive evaluation and treatment tool that provides baseline data to measure a person's sexual interest and assess sexual behavior problems. It provides treatment planning guidance, and evaluation of progress throughout the treatment process. The Resolution Group has a therapist certified in EMDR training for sexual abuse and trauma.

For referrals please contact:

Denise Thompson

dthompson@trzg.net

623 E. Southern Avenue, #7

Mesa, AZ 85210

Office: 480 962-9288

Fax: 480 962-1293

*Contract held with PCN, QCN and SWN for FY12.

ChildHelp

This agency will provide specialized treatment services for children experiencing trauma/attachment and sexually reactive issues. The services are provided to child abuse victims and their families. Therapists work with children ranging in age from three to eighteen years, and also are available to work with other family members when deemed appropriate. Spanish-language counseling services are available.

For referrals please contact:

Childhelp

2346 N. Central Avenue

Phoenix, Arizona 85004-1329

Telephone: 602-271-4500

Fax: 602-282-0102



*Contract held with SWN for FY12.

Youth Transition to Adulthood – Independent Living

Florence Crittenton Services of Arizona
Transitional Life Skills and Independent Living Program

Agency provides a comprehensive array of covered services to assist, educate, support and encourage youth and young adults ages 9-17 and their parents or caregivers in transition to adulthood. Specializes in providing individualized, gender-responsive services to boys and girls. Prepares individuals for independent living and teaches skills in self-care, household management, financial, housing, employment, education, parenting, etc. Will work with professionals to offer support and suggestions in anger management, stress management and socialization skills. Services may include Rehabilitation Services; Skills Training and Development and Psychosocial Rehabilitation Living Skills Training, Behavioral Health Prevention/Promotion Education and Medication Training and Psychoeducational Services and Ongoing Support to Maintain Employment and Support Services; Case Management, Personal Care Services, Home Care Training Family (Family Support), Unskilled Respite Care, and Transportation.

For referrals please contact:

Jane McFetridge

jmcfetridge@flocrit.org

Community Based Services

Florence Crittenton

Where Hope Comes To Life

715 W. Mariposa Street

Phoenix, Arizona 85013

Office: 602-274-7318 x 204

Fax: 602=274-7549

or

Robert Raygoza

Office: 602-274-7318 ext.148

E-mail: rraygoza@flocrit.org

*Contract held with PCN, QCN and SWN for FY12.

Desert Edge Mentoring Services

As an outpatient clinic, we provide therapeutic intervention through counseling and mentoring. The populations targeted are male and female adolescents ages 10-17 and male and female adults ages 18 and older, who are seeking guidance while progressing through their life stages. Our company offers a learning environment, leadership skills, and real world experiences while promoting personal growth, team and relationship building and accrual of lifelong skills. We provide a challenging atmosphere with a plethora of adventurous experiences, such as building confidence, responsibility, trust, and problem solving abilities in collaboration with the involvement of family and guardian support.

Desert Edge Mentoring Services encourages individuals to accomplish their goals and shape their futures on a mental, physical, and social level. Our company focuses its efforts in the areas of treatment, prevention, and mentoring by providing participants the skills to achieve their ultimate potential into adulthood. SUPPORT SERVICES offered include:

- **Independent Living Skills:** Understanding Concept of Time, Preparing Nutritious Meals, Maintaining Good Personal Health, Utilizing Public Transportation, Maintaining Good Hygiene Habits, Domestic Independency, Budgeting
- **Mentoring: Individual and Group:** Sporting Camps, Community Activities, Understanding of Social Etiquette, Social Skills, Responsible Decision Making, Gang Prevention/Intervention, Develop Leadership Skills
- **Counseling:** Personal Growth, Anger Management, Crisis/Trauma, Life Transitions, Self Esteem, Stress Management, Substance Abuse and more.



- **Rehabilitation Services:** Job Development, Job Coaching, Tutoring, Case Management, Learning Disabilities

For referrals please contact:

Desert Edge Mentoring Services

Office: 602-237-2485

*Contract held with PCN and QCN for FY12.

Jewish Family and Children's Services

TIP Program: TRANSITION TO INDEPENDENCE PROCESS (TIP)

JFCS utilizes an evidence based approach called Transition to Independence Process (TIP) in their Transition to Independence Program. The TIP model was developed for working with youth and young adults (14 – 29 years old) with emotional/behavioral difficulties (EBD) to: a) engage them in their own future planning process; b) provide them with developmentally-appropriate, non-stigmatizing, culturally competent, and appealing service and supports; and c) involve them and their families and other informal key players in a process that prepares and facilitates them in their movement toward greater self-sufficiency and successful achievement of their goals related to relevant transition domains (i.e., employment/career, educational opportunities, living situation, personal effectiveness/wellbeing, and community-life functioning). The TIP Program is not a facility based program but is instead a community based program. To ensure the continuity of planning, services, and supports the TIP system is implemented directly by Transition Facilitators who work with the young people, their parents, and other informal and formal support people.

The JFCS TIP Program takes youth or young adults ages 16 to 22 based on the following criteria:

- No adjudicated sex offenders.
- Must have a DSM IV mental health diagnosis.
- IQ of 75 or higher.
- One or all of the following: eligible for SMI programs; foster care youth; involvement with criminal justice system.

For referrals please contact:

JFCS Customer Service & Referral Center

Telephone: 602-256-528

Fax: 602-254-8611

*Contract held with QCN for FY12.

Evidenced Based Programs

Phoenix Interfaith Counseling

Dialectical Behavioral Therapy (DBT) for Adolescents

This treatment method targets the following areas:

- To Decrease: Life-threatening/Suicidal Behaviors, Self-harming Behaviors and Emotional Dysregulation
- To Increase: Behavioral Skills (Emotional Regulation, Distress Tolerance, Interpersonal Effectiveness and Mindfulness)



The Program is structured to provide one hour of Individual Therapy per week at 444 W. Northern Ave, C-1, Glendale and Evening Skills Group for adolescent and parent/guardian at the 555 W. Glendale Ave, Phoenix. The approximate length of this program is 20 weeks

For referrals please contact:

Steve Wales, MC, LPC
Phoenix Interfaith Counseling
Office: 623-939-6516 x. 159
steveuw@phx-interfaith.org

*Contract held with SWN for FY12.

Touchstone Behavioral Health

Multisystemic Therapy (MST)

MST is an intensive family- and community-based treatment model that addresses the multiple factors related to serious acting out behaviors in adolescents. MST is appropriate for youth ages 11-17 ½ living in a home environment or returning home from an Out of Home placement. Within a context of support and skill building, the therapist places developmentally appropriate demands on the adolescent and family for responsible behavior. Intervention strategies take place in all systems that the youth and family interact with and include strategic family therapy, structural family therapy, behavioral parent training, and cognitive behavior therapies. MST is provided using a home-based model of service delivery, typically meeting with parents or families three times a week, therapists are also on call 24/7 to assist parents to increase skills in times of most difficulty.

For referrals please contact:

Referral hotline: 602-732-4979/Fax: 602-732-5477
Ebp.referral@touchstonebh.org
15648 N. 35th Ave.
Phoenix, AZ 85053
Office: 623-692-7409

*Contract held with PCN, QCN and SWN for FY12.

Touchstone Behavioral Health

Functional Family Therapy (FFT)

Touchstone will provide Functional Family Therapy (FFT) to youth age 10 (if family has an older sibling who will be participating in FFT as well) through 18 at risk for or presenting with delinquency, violence, substance abuse, conduct disorder, oppositional defiant disorder, mental health issues or disruptive behavior disorder. Touchstone will provide Functional Family Therapy (FFT) to youth and families according to the FFT model, including flexible delivery of service to clients in-home, in the community and in schools and at the time of re-entry from long or short term out of home placement. Touchstone provides 12-24 hours of FFT therapy to youth and their families in accordance to assessed need and in conjunction with the Child and Family Team. Services will include pre/post assessment, in-home family counseling, case management and community based support services.

For referrals please contact:

Referral hotline: 602-732-4979/Fax: 602-732-5477
Ebp.referral@touchstonebh.org
15648 N. 35th Ave.
Phoenix, AZ 85053



Office: 623-930-8705

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Touchstone Behavioral Health

Brief Strategic Family Therapy (BSFT)

Brief Strategic Family Therapy (BSFT) is a problem-focused brief therapy model which targets the patterns of interaction within the family that lead to youth behavioral and conduct issues. Because BSFT addresses family dynamics, the BSFT therapist will work with the entire family system and does not include individual therapy. BSFT Therapists will utilize techniques of “specialized engagement”, designed to engage reluctant or disengaged family members. The therapist will work to build trust with the family and maintain the focus of treatment on the family’s dynamics. The therapist will target elements of communication, boundaries, conflict resolution and family structure as they occur in the session. The focus will be on the present interactions as they occur in the session, and the therapist will use specific strategies to help family members find a way to express their emotions and improve the dynamics as they relate to one another. BSFT consists of 12 family sessions lasting 60 to 90 minutes. Sessions are usually conducted in the home.

For referrals please contact:

Referral hotline: 602-732-4979/Fax: 602-732-5477

Ebp.referral@touchstonebh.org

15648 N. 35th Ave.

Phoenix, AZ 85053

Office: 623-930-8705

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Youth Evaluation and Treatment Centers

Dialectical Behavior Therapy (DBT)

Effective outcome based Intervention for the treatment of youth who have intense and severe reactions to certain emotional situations. DBT is strength based and designed to assist in the identification, expression and regulation of emotions and consequential behaviors with expectations of improved personal relationships and stress management. Services are provided in a group setting scheduled for 16 weeks for 1.5 hours per week. Co-ed ages 13- 17.

For referrals please contact:

Shannon Nordahl

Office: 602-285-5550 x 337

snordahl@youthetc.org

*Contract held with QCN; SCA with SWN and PCN for FY12.

Eating Disorder

Youth Evaluation and Treatment Centers

Intensive Eating Disorder Group Therapy (IOPED)

The Family Centered Recovery Model provides participants with the following; Tools to build self confidence and positive decisions regarding their physical and mental well being, develop a healthy relationship with food and exercise, understanding body image and distortion issues, Individualized meal planning and DBT.



Intensive outpatient groups are co-ed, open ended and are provided 3 times per week including bi weekly family support. Group Services are provided by treatment team, under the direction of the Clinical Director, and includes: Primary Therapist, Family Therapist, DBT skills coach, Registered Dietician, and consulting MD.

Individual and Family Counseling one time per week, 45 minute sessions if identified in the consumer's treatment plan. Counseling is provided by a behavioral health professional.

Clinical Services address the following issues: eating disorder, relapse prevention, emotional and behavioral concerns, body image, family dynamics, education issues, DBT skills, and independent living and experiential learning.

Emergency safety responses are provided in situations where a consumer is an immediate threat to the life or health of self, another consumer, or other individual. All staff that may implement an Emergency Safety Response are trained in a nationally recognized model.

Outcomes will be measured through the use of the Eating Disorder Inventory 3 (EDI-3) and consumer satisfaction surveys and self reports towards treatment goals. The treatment team will meet with consumer and family to assess progress as needed throughout the program. The EDI-3 and the BDI will be administered at 6 and 12 weeks.

For referrals please contact:

Jenn Brummet
Office: 602-285-5550 x 343
jbrummet@youthetc.org

*Contract held with QCN; SCA with SWN and PCN for FY12.

OTHER

Art Awakenings - PSA

Outpatient Art Therapy Program for Adolescents:

Individual and group art therapy, skills development studio, instructional art classes, assistance in developing professional art skills, and structured art and social activities for youth ages 7-17. Classes are held from 4-5:30pm at studios. The program is facilitated by an Expressive Art Therapist. The services identify barriers to successful social interaction and skill acquisition.

For referrals please contact:

Art Awakenings
1014 North 2nd Street
Phoenix, AZ 85004
Phone: 602-340-1675
Website: www.artawakenings.org

*Contract held with PCN, QCN and SWN for FY12.

American Indian Prevention Collation

NDNS4Wellness offers culturally respectful prevention, educational, residential and counseling services to adolescents and their families. NDNS4Wellness outpatient programs include individual, group and



family counseling. Culturally sensitive psychological evaluations are also available. These services are offered in office, in home or at school depending on the needs and desires of the adolescent and their family. The program is located at 2302 N. 7th Street, Phoenix, AZ 85006.

For referrals please contact:

Irene Ramos

iramos@ndns4wellness.org

602-639-0753 or 602-424-1600

Camille Hernandez

602-317-0576 or 602-424-1600

*Contract held with PCN for FY12.

If you are unable to identify a provider that will meet the needs of a child in the list above or if you wish to locate a Specialty Therapist within a QSP in your network, please contact one of the following individuals within the child's respective PNO:

Southwest Network

Soloneca Parker

2444 E. University Drive, Suite 150

Phoenix, AZ 85034

602-304-0014 or 888-343-0177

Fax: 602-304-0190

Cell: 602-391-9366

People of Color Network

Patricia Sanchez

77 East Thomas Road, Ste. 230

Phoenix, AZ 85012

480-240-0095

psanchez@pocn.com

Bea Salazar

602-385-0362

bsalazar@pocn.com

Quality Care Network

QCN R & A Department

602-773-4900

Shannon Gamache, MSW

System of Care Manager

5326 E. Washington

Phoenix, AZ 85034

Cell: 602-373-5926

Fax: 602-773-4901

Shannon.gamache@qcnaz.com